Into Action!

Westside Central Office

March 2025 - Volume 13 - Number 6

What's Happening at the WCO?

1 support call request in Feb. We need to perform an annual evaluation, including the hospital support staff person, to see what we can do better. Perhaps the hospital staff are not engaging as we would like.

Working on a spring meeting schedule to come out later this month or early next month. Send us updates to meetings. This new meeting schedule will include Oregon City and Gladstone meetings.

We still have copies of the PLBB available, lit@westsidecentral.com to make an appointment to purchase, we have about 12 copies left of the first edition.

For more service opportunities at WCO, visit, www.westsidecentraloffice.com and click on the *Help Wanted* link or attend our monthly business meeting (email info@westsidecentraloffice.com for the business meeting Zoom link).

Scan the QR Code to get more info on "Bridging the Gap" Service from the AA Member exiting treatment into the AA communities. The 1st 24hrs out of treatment is critical to success in AA and we would love to see all the help Treatment Committee.

WCO website link to get involved: https://westsidecentraloffice.com/service/bridging-the-gap-committee

Mark made a motion to create an Ad-Hoc committee to create WCO Committee position descriptions and guidelines.

- Dylan made motion for open discussion.
- We should separate the 12-Step Call Chair and 12-Step Support Call Chair for the hospitals.
- Urgent / Administrative - Yes
- Vote to form the Ad-Hoc Committee – Yes

Todd N. is working on a flyer the advertises the positions available and what WCO does and differs from PAI and will make available at next WCO Business Meeting.

Our hotline received 53 calls and consumed 46/300 prepaid minutes during the last billing cycle. Our website had 1500 users who viewed 8500 web pages or 304 web pages per day on average.

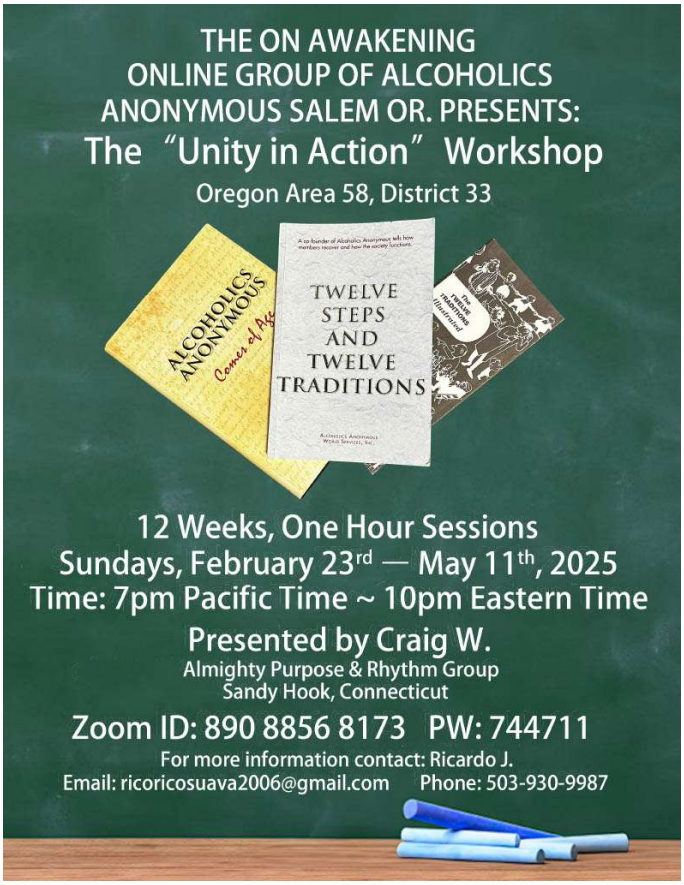
Mark took 3 calls in Jan., one looking for an AA in the Hospital at Providence OR City. Turned out the guy calling, his wife is a nurse there and was helping the patient.
https://westsidecentraloffice.com/service/twelfth-step-calls

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: http://westsidecentraloffice.com/newsletter/#subscribe

Grapevine News

Sober and Out – March 2025

This month's featured section is "Sober and Out." LGBTQ+ AA members share stories of acceptance, tolerance, service, sponsorship and love.



NEW Meeting!

Sunday Sober Sisters
You can find our new Women's meeting on Sundays from 5:30 pm –6:30 pm
Tabor Heights Church in the basement

This Month in A.A. History

- **March 1940:** Works Publishing moves from Newark to a small office at 30 Vesey Street in lower Manhattan. Though something of a financial gamble, the move means that for the first time the Fellowship has a headquarters of its own.
- **March 1941:** Saturday Evening Post article on A.A. causes great national expansion and recognition of the fellowship. Membership in 1941 jumps from 2,000 to 8,000 at year's end.
- **March 18, 1944**: The first reported women's prison group meets at Clinton Farms in Clinton, NJ.
- **March 30, 1945:** Three A.A.s from Portland, Oregon visit a Salem minister, Dudley Strain, for the first time. After receiving A.A. literature from the Portland members, Dudley helps bring meetings into local prisons.
- **March 10, 1948:** Freck G, the father of Group Number 1 in Albany, Oregon, is admitted to the Oregon State Hospital for alcoholism. After getting sober at the hospital, Freck and his wife would attend meetings in Salem for the next 10 months before starting the first meeting in Albany on January 3, 1949.
- **March 1950:** Portland, Oregon radio station, KWJJ, runs a series of 15-minute broadcasts on A.A.
- **March 6, 1960:** Oregon Area secretary, Ed D, suggests that the secretary send out periodical updates to all Oregon groups. This practice would lead to the publication of the Oregon Area A.A. newsletter beginning in April, 1960.
- **March 1966:** First A.A. group in Ecuador founded.
- **March 18, 1974:** First known meeting in Uruguay is held in Montevideo.
- **March 1978:** The A.A. Grapevine's circulation reaches 100,000.
- **March 1992:** G.S.O. moves their offices to 475 Riverside Drive in Uptown Manhattan. G.S.O. occupies the entire 11th floor and Grapevine occupies the 12th floor. Interestingly, this building was built by the Rockefeller Family who played an important role in A.A.'s early history.
- **March 3, 2012:** At the March 2012 Westside Central Office (WCO) business meeting, group representatives and trusted servants approve the creation of WCO service committees such as Public Information, Cooperation with the Professional Community, Corrections, Treatment Facilities, etc.
- **March 4, 2014:** Westside Central Office leases its first physical office space.

Upcoming Events

2025 A.A. INTERNATIONAL CONVENTION Join your friends in Vancouver, British Columbia, Canada July 3-6. 2025ic@aa.org https://aa.org/international-convention

Oregon Area 58 Pre-Conference Quarterly Assembly
When: Mar 14-16
Where: Virtual on zoom
https://www.aa-oregon.org/assembly-information/

March 29 Take Your Sponsor to Dinner
Lynchwood Church of God
3818 SE 174th Ave. Portland, OR 97236. More info: Shawna H 503-887-0000 or Shauna C 503-833-2015

April 7 – Westside Central Office Online Business Meeting, 7:00pm-8:00pm. Email info@westsidecentraloffice.com for an invitation to the online meeting.

July 27 – August 3 – AA In the Woods, *Beacon Rock State Park, Stevenson, WA.* aaitwcampout@gmail.com

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. Email tf@westsidecentraloffice.com for more information.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic

who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm virtually. Email info@westsidecentraloffice.com for an invite.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature at our office. We are open by appointment only. Visit www.westsidecentraloffice.com/literature to request an appointment.

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

If you want to drink, that's your business. If you want to stop, that's ours!
Call 503-684-0415

Steps 2 and 3: The Fog Begins to Lift
By Anonymous

When the pupil is ready, the teacher appears,
A whispered truth through sober ears.
Only Step One demands perfection—
The rest require only true intention.
"If you work all twelve steps perfectly";
My sponsor said jokingly,
"We'll go down to the river
and watch you walk on water"
So here I stood at Step Two's gate,
A mind unsure, a heart of weight.
My sponsor asked me then, with steady grace:
"What does this say of our past state?"
I scanned the page, the ink was bold,
Yet words came across lifeless, stiff and cold.
Simple lines my eyes could see,
But foreign still, their truth to me.
Since Step One, everything seemed strange,
A world reversed, a needed change.
"The only thing to change" you all said,
"Is everything inside of your head"
My thoughts now clashed, a tangled snare,
I leaned on one who'd walked from there.
A guide to speak in tones I'd trust,
To translate hope from broken dust.
I sat in silence, lost, unsure—
Then came the words so clear and pure:
"It means you were insane, my friend"
And in that moment, truth began.
The fog still clung, but light broke through,
Just enough to bring Step Three into view.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

VANCOUVER 2025

90 YEARS AÑOS ANS

Language of the Heart
Lenguaje del corazón
Le langage du cœur

REGISTER BY APRIL 15 FOR EARLY-BIRD PRICING

2025

A.A. INTERNATIONAL CONVENTION

Join your friends in Vancouver, British Columbia, Canada
July 3-6

HIGHLIGHTS INCLUDE...

- Thursday night block party
- Flag Ceremony
- Stadium meetings
- Old Timers Meeting

AND MORE...including 250+ meetings, hospitality suites, and a full slate of panels and workshops

HOUSING IS STILL AVAILABLE!

REGISTER NOW

LEARN MORE

aa.org/international-convention

2025ic@aa.org

Alcoholics Anonymous®

JUL 27 – AUG 3, 2025

Beacon Rock State Park
Group Campsite
Stevenson, WA

AA IN THE WOODS

29th Annual Campout

MEETINGS & FELLOWSHIP

HIKES & YOGA

POTLUCKS & CAMPFIRE JAMS

SWIM & PADDLE SPORTS BEACH

NIGHTLY POKER TOURNAMENTS

SOME ACTIVITIES NOT LISTED!

Scan to register at www.AAitW.org

$40/adult *for the week*

KIDS CAMP FOR FREE!

Contacts | Gordon N: 206-731-9731
Jordana S.: 503.516.2151
Lisa B.: 503.577.1279
AAITWcampout@gmail.com

More details or register online at:
AAitw.org

Registration opens Feb. 1, 2025

A limited number of well-behaved dogs will be allowed at the campout this year. See the website or contact us for requirements and complete details.

Saturday, March 29, 2025

An evening of Fellowship and Fine Cuisine

AA District 15 Presents The 12th Annual

Take Your Sponsor To Dinner

Speaker
Rick H.
Tualatin

Doors Open at 4:30
Dinner at 5:00

Lynchwood Church of God
3818 SE 174th Ave. Portland, OR 97236

Tickets $15 On Sale Now Not available online

Vegan and Gluten Free Options Also Available

Our Famous Dessert Dash! Raffle Prizes!

This event supports District 15 outreach to H&I, PI/CPC, Workshops, Cooperation with Treatment Facilities and Jails, Group Inventory Support, and keeping our groups connected with AA's communication lines.

For more information or to volunteer please contact
Shawna H. 503-887-0000
Shauna C. 503-833-2015

Please Join Us

Sunday Sober Sisters

You can find our new Women's meeting on Sundays from 5:30 pm - 6:30 pm

Tabor Heights Church in the basement

6161 SE Stark St. Portland OR, 97215

"Offering a safe space for Women in recovery"

Sobriety: Where "living dangerously" means drinking coffee after 5:30 pm.