Into Action!

Westside Central Office

May 2025 – Volume 13 – Number 8

What's Happening at the WCO?

The Hospitals Service Call Committee Chair is still open and is very important.

This Chairperson will be coordinating the effort to bring AA volunteers to the hospitals and work with the OR Area 58 Hospitals Committee. The Hospitals 12 Step Calls service is not new, we just need a chairperson to take the reins.

Anyone interested in taking on this position, there will be a description posted on the WCO Website and in the WCO Newsletter, shortly. Your help spreading the word in your Groups will be greatly appreciated!

Over the past month the Support call program received 4 patient requests, one for in person and the other 3 for phone contact. We were not able to get anyone to handle the in-person request - we had one volunteer; we just could not find a second person to visit with them. Luckily, the available volunteer was able to call and get ahold of the patient.

NOTE: We require 2 people make the in-person visit for the safety of both parties.

We purchased some more literature for sale. The purchase includes copies of the new Service Manual and copies of "How It Works" and "Twelve Traditions".

Our literature order included the Twelve Steps and Twelve Traditions window shades and an A.A. sign. A Group special ordered these items. Someone also asked that we start carrying A.A. signs. We will have some more on hand soon. Let us know if there are other A.A. Conference Approved items that you would like to see us carry.

We plan to publish a new literature price sheet soon. Look for it on our website in the Literature section.

There is still time to verify your Group's information on our website for inclusion in our next printed meeting schedule. I hope to send the new meeting schedule to the printers this month.

We also have other great service opportunities available with carrying the A.A. message through our service committees such as Cooperation with the Professional Community, Public Information, Treatment Facilities, and Corrections. Check out page 4 of this newsletter or email us at info@westsidecentraloffice.com for more information on these committees. You can also view our current service position openings here.

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: http://westsidecentraloffice.com/newsletter/#subscribe

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Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost. However, we are currently open by appointment only. You can request an appointment by clicking here or by emailing info@westsidecentraloffice.com.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

This Month in A.A. History

- **May 1935** – Dr. Bob and Bill meet in Akron
- **May 1938** – The Alcoholic Foundation, a trusteeship for A.A., is established.
- **May 1938** – Bill W begins writing the book, Alcoholics Anonymous.
- **May 1939** – First A.A. group forms in Cleveland, Ohio. This is the first group to call itself *Alcoholics Anonymous*, named after the big book mimeograph that had been circulating with the Akron groups at the time. Moreover, this was the first group not to affiliate itself with the Oxford Group. The group's meetings were only open to alcoholics and their families.
- **May 1, 1944** – The Alcoholic Foundation announces its new address, Box 459 in New York City. Box 459 will become the post office address and symbolic address of Alcoholics Anonymous.
- **May 30, 1944** - The first meeting of the Mill Creek Group at the Oregon State prison in Salem, OR is held. Mill Creek Group continues to meet today.
- **May 1949** – Scotland's first known A.A. groups are founded in Edinburgh and in Glasgow.
- **May 1949** – Bill addresses the American Psychiatric Association. His address marks the acceptance of A.A. by yet another major medical association.
- **May 1949** – The Central Advisory Committee, a predecessor to the Portland Area Intergroup, establishes a central office at the Alano Club located at1932 NW Flanders Street in Portland. The Alano Club would serve as the Central Office's location until a permanent location was found in October 1949.
- **May 1987** – A.A. India holds first General Service Conference in Bombay (now Mumbai).

Grapevine News

MAY 2025
YOUNG AND SOBER

THIS MONTH'S FEATURED SECTION IS "YOUNG AND SOBER." MEMBERS WHO GOT TO AA AT AN EARLY AGE SHARE HOPEFUL STORIES ABOUT GETTING INVOLVED IN SERVICE AND EVENTS, MAKING FRIENDS, AND ENJOYING A SOBER LIFE.

Upcoming Events

May 17, 2025 – 11:00 am – 1:00 pm **Sobergrass Jam** 36370 Yocum Loop, Sandy, OR. Sobergrass is an acoustic bluegrass, folk, blues, country, and Americana music jam forAA members, AA friends and any musicians in recovery.

May 16-18 2025 – Oregon Area 58 Post Conference Assembly. Holiday Inn Portland-Airport (I-205) 8439 NE Columbia Court, Portland, OR 97220. https://www.aa-oregon.org/register-may/

May 31, 2025 – 1:00 pm – 4:00 pm. ***Step into the Big Book.*** Unitarian Universalist Church 710 Sixth St., Oregon City, OR. District 15 Sponsored Workshop. A simple guide to the 12 Steps of Alcoholics Anonymous, directly from the Big Book. We will provide a NEW copy for you to highlight and underline.

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, via zoom. Email info@westsidecentraloffice.com to get the link to join in!

Have a submission? Email newsletter@westsidecentraloffice.com

To get it in next month's newsletter!

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

Hospitals Service Call Chair -
Maintains a list of 12 step call volunteers that are available for in-person and/or over the phone 12th Step calls with hospital patients. Receives 12 step call requests from participating hospital staff. When possible, match up 12 step call requests to 12 step call volunteers based on their
gender and age.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

VANCOUVER 2025

90 YEARS AÑOS ANS

Language of the Heart
Lenguaje del corazón
Le langage du cœur

2025

A.A. INTERNATIONAL CONVENTION

Join your friends in Vancouver, British Columbia, Canada
July 3-6

HIGHLIGHTS INCLUDE...

- Thursday Night Block Party
- Flag Ceremony
- Stadium Meetings
- Old Timers Meeting

AND MORE...including 250+ meetings, hospitality suites, and a full slate of panels and workshops

THERE'S STILL TIME TO REGISTER!

REGISTER NOW

LEARN MORE

aa.org/international-convention

2025ic@aa.org

Alcoholics Anonymous®