# Into Action!

Westside Central Office

August 2025 – Volume 13 – Number 11

## What's Happening at the WCO?

We had 1 phone and 1 email request this past month. We are looking at doing another Hospital Volunteer in-Person 12 Step Call training soon. Please share the WCO Open Positions especially the 12 Th Step Hospital Call Committee Chair position. The Chair position is extremely important for the success of the hospitals calls and relationship with the hospitals. Please email me directly with interest to chair@westsidecentraloffice.com. NOTE: We require 2 people make the in-person visit for the safety of both parties. New printed meeting schedules will be available mid-August at our office, please contact info@westsidecentraloffice.com for more details.

We have 70 copies of our printed meeting schedule left. Groups get 10 copies free, so contact us if your Group would like some meeting schedules.

As a reminder, the September Business Meeting is held the third Monday of the month in lieu of Labor Day. So, that means we will not meet again until September 15th.

Elections for all 1-year termed positions will occur at the September business meeting. I will make sure a list of these service positions appears in the August newsletter.

Our hotline received 38 calls and consumed 50/300 prepaid minutes.

Shifts are done at volunteer availability so there are no specific shifts.The form on the WCO website below had a glitch so if you have not received a response,please resubmit your form. Always need volunteers at the link below:
https://westsidecentraloffice.com/service/a-a-hotline

If you have submissions for next month's newsletter, Our newsletter chair tries to get the newsletter out the Sunday following the WCO Business meeting so if you have anything you want in the newsletter please submit by the Saturday before. People are sending fliers and submissions so THANK YOU for that, KEEP'UM COMING! Please feel free to send Dawn and email with your submission to:
newsletter@westsidecentraloffice.com or from the WCO Website at
https://westsidecentraloffice.com/newsletter.

http://westsidecentraloffice.com/newsletter/#subscribe

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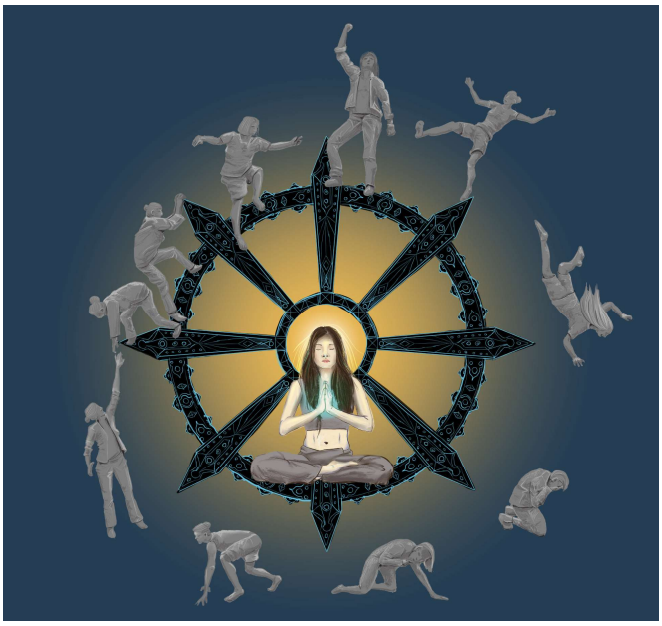
## August Grapevine!

## August 2025 | Atheist & Agnostic Members



***If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415***

## Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

## This Month in A.A. History

- **August 1934 -**Oxford Groups sober up Bill W's friend, Ebby T.
- **August 11, 1938 -** The Alcoholic Foundation (predecessor to General Service Board) is founded.
- **August 1939 -** Dr. Bob and Sister Ignatia begin working with alcoholics at St. Thomas Hospital in Akron. They will treat 5,000 alcoholics over a 10-year span.
- **August 6, 1944** – Carl S, Mr. B, Mr. K, and Cecil F from Portland's A.A. Group No. 1, visited Dr. Williams at the Oregon state hospital in Salem with the idea of starting an A.A. group in the hospital. However, A.A. groups in Salem had not yet formed and 12th Step Workers were not too plentiful at the time. Therefore, the hospital group would not get started until October 11, 1946.
- **August 8, 1946** – The first group in Astoria called the Central Group forms. This is the fourth A.A. group to form in Oregon. The first group was Portland's A.A. Group No. 1 (formed January 6, 1944), the second was the Mill Creek Group (formed inside the walls of the Oregon State Penitentiary on May 30, 1944), and the third was the Salem City Group (formed April 29, 1946).
- **August 1951 –** The Portland Area Intergroup's predecessor, the Central Advisory Committee, changed its name to the Central Committee.
- **August 1981 –** Distribution of the Big Book passes the 3 million mark.
- **August 2001** – A.A. takes root in China. China has three A.A. groups in existence – two in Beijing and one in Chanchun.
- **August 2012** – Westside Central Office moves its business meeting from the first Saturday of the month at 2pm to the first Monday of the month at 7pm.
- **August 2013** – Westside Central Office begins offering a printed meeting schedule.
- **August 1, 2016** – Westside Central Office approves a motion to move all WCO's September business meetings to the third Monday of the month in lieu of Labor Day.

## Upcoming Events

**August 16, 2025 –** 7:00 pm Rule 62 Speaker Meeting. Deaf main speaker. ASL provided. Ash S. Austin, TX. Lynchwood Church of God 3818 SE 174th Ave Portland, OR

**August 17, 2025 –** 75th Annual PDX Intergroup Picnic. 12:00 pm to 5:00 pm. Potluck last name A-H:Fruit/Veg/Salad I-N:Dessert O-Z:Side Dish. Raffle prizes.

**August 22, 2025 –** Introducing Faith Leaders to A.A. A cooperation with the professionaly community event By A.A. District 15 At the Oregon City Library, 606 John Adams St. Oregon City Oregon, 97045 2pm-4pm

**August 30, 2025 –** Westside Service Center Last Saturday Speaker Meeting. 7pm – 8:30 pm. John C. Cake for

**September 15, 2025 –** Westside Central Office Business Meeting, date change due to holiday. 7pm. Email info@westsidecentraloffice.com for the link.

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

## Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, online. Email info@westsidecentraloffice.com for an invitation to our business meeting. We look forward to seeing your group's Co Rep there!

## Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting

## Step Eight "… is the beginning of the end of isolation from our fellows and from God."

(Reprinted from Twelve Steps and Twelve Traditions, page 82, with permission of A.A. World Services, Inc.)

# August 16, 2025
# 7:00 pm

Deaf Main Speaker

## Ash S.

Austin, TX

**Lynchwood Church of God**
3818 SE 174th Ave.
Portland, OR 97236

*Into Action!* is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

# Alcoholics Anonymous

# Introducing Faith Leaders to A.A.

GOD, GRANT ME THE SERENITY TO ACCEPT THE THINGS I CANNOT CHANGE, THE COURAGE TO CHANGE THE THINGS I CAN, AND THE WISDOM TO KNOW THE THE DIFFERENCE

## AA and Local Faith Leaders

**AA is a way of life for alcoholics, come to our event and learn what makes it special.**

## Higher Power

We use the term higher power. We do not want to enter into controversy about religion. AA is open to all men and women regardless of spiritual beliefs. AA helps with whatever our spiritual beliefs may be and strengthens them. We do not ask that anyone believe any certain doctrine. However, we do encourage a belief in a higher power that can help the individaul stay sober one day at a time.

## August 22nd

Introducing Faith Leaders to A.A. A cooperation with the professionaly community event By A.A. District 15 At the Oregon City Library, 606 John Adams St. Oregon City Oregon, 97045 2pm-4pm Point of contact 503-752-5245

### 1 Recovery

AA began as combination of medicine, religion and psychiatry. Our friends in the field of helping alcoholics helped us develop a program. Before AA there was only mental hospitals. Today, however, Alcoholics can live freely in their communities by practicing a simple program of honesty and serving others.

### 2 Unity

Our 12 traditions guide our fellowship. The 12 traditions have allowed us to continue to help alcoholics for 90 years. The tweleve traditions our also spiritual in nature and not only guide our fellowship but our personal behavior.

### 3 Service

Bill Wilson, one of the co-founders, found that he could stay sober if he talked with another alcoholic and shared his spiritual awakening which he had in a mental hospital. Ever since, AA was born, many alcoholics have used this program to not only help themselves, but to save other alcoholics from a death of alcoholism.

**August 22nd, 2pm - 4pm Oregon City Library**
**606 John Adams St. 97045 p.o.c. 503-752-5245**

**WESTSIDE SERVICE CENTER WITH SURRENDER GROUP PRESENTS**

# Monthly Speaker Birthday Meeting

*Last Saturday of the month*

## 7:00 Pm - 8:30 Pm

**August**

*John C. (Clu)*

*Adrianne H.*

**September**

*Tina W.*

*Jess*

## 50 - 50 Raffle - Birthday Cake

***18653 SW Farmington Rd.***
***Aloha, Oregon***
***(In Safeway /Bimart Shopping Center)***

# Get involved with the Westside Central Office!

**What is the WCO?** The Westside Central Office, born from the need for localized A.A. support in the Western Portland metropolitan area, provides essential services to area groups and members. Established in 2010 through dedicated volunteer efforts, it offers A.A. Conference-approved literature, a meeting directory, and facilitates 12th Step work. Operating from a physical office space in Tigard, it functions as a hub for information and connection, offering phone support and a monthly newsletter.

The office is actively seeking an office manager and volunteers to expand its services and better serve the A.A. community.

To find out more about the Westside Central Office and to attend our business meetings, please send an email to https://www.westsidecentraloffice.com/contact

**Current Service Opportunities – For complete information, including suggested sobriety requirements, please visit the website and click on the tab "Service" tab.**

**Chair**
**Co-Chair**
**Treasurer**
**Public Information Committee Chair**
**Cooperation with the Professional Community Committee Chair**
**Office Volunteer**
**Corrections Committee Chair**
**Office Volunteer Chair**
**Treatment Facilities Committee Chair**
**12 Step Call Committee Chair**
**Activities Chair**
**Newsletter Committee Chair**
**Outreach Chair**
**Office Manager**
**Assistant Office Manager**

*Please note, some of these service opportunities have requirements –Please scan the QR Code for complete details!*

**Attend The WCO Business Meeting: First Monday of the month –go to: https://westsidecentraloffice.com/map#business for more information.**