Into Action!

Westside Central Office

September 2025 – Volume 13 – Number 12

What's Happening at the WCO?

The Hospitals Service Call Committee Chair is still open and is very important.

This Chairperson will be coordinating the effort to bring AA volunteers to the hospitals and work with the OR Area 58 Hospitals Committee. The Hospitals 12 Step Calls service is not new, we just need a chairperson to take the reins.

Anyone interested in taking on this position, there will be a description posted on the WCO Website and in the WCO Newsletter, shortly. Your help spreading the word in your Groups will be greatly appreciated!

Please bring these open service positions back to your groups, sponsees and fellows.

3 calls for Prov St Vincent. Training is scheduled and only 1 signed up so the training will move to Oct. NOTE: We require 2 people make the in-person visit for the safety of both parties.

WCSO Hotline news: Fairly steady, nothing unusual.

Two calls just wanting to talk with me. Strange the calls were not really looking for AA help or instruction. Always need volunteers at the link below:

https://westsidecentraloffice.com/service/a-a-hotlinein great need! Signup here: https://westsidecentraloffice.com/service/twelfth-step-calls

Area 58 Treatment Committee:

Scan the QR Code to get more info on "Bridging the Gap" Service from the AA Member exiting treatment into the AA communities. The 1 st 24hrs out of treatment is critical to success in AA and we would love to see all the help Treatment Committee.

WCO website link to get involved: https://westsidecentraloffice.com/service/bridging-

the-gap-committee

Want this newsletter emailed to you each month? Then subscribe today by sending an email with the subject "subscribe" to news@westsidecentraloffice.com

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Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! Our office is currently open by appointment only. Visit www.westsidecentraloffice.com/literature or call 503-684-0415 (extension 2) to schedule an appointment to purchase literature at our office.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

This Month in A.A. History

- **September 1939** – A score or more of alcoholics apply the A.A. program and recover in Cleveland, Ohio. This sudden growth of A.A. in Cleveland proves that A.A. can grow to a great size. Also around this time, the Cleveland Plain Dealer newspaper would run a series of articles on A.A.
- **September 30, 1939** - An article on A.A. titled Alcoholics and God appears in Liberty magazine. After publication of this article, Big Book sales saw an increase of several hundred and the early A.A. Newark Office received 800 pleas for help.
- **September 1947** – The first A.A. group in Brazil takes shape.
- **September 1947** – A.A. is started in the Eugene-Springfield Oregon area when eight members met at the YMCA on September 12, 1947.
- **September 9, 1948** – The Astoria Alano Club opens its doors for the first time at 145 11th Street in Astoria, Oregon. The first group in Astoria, known as the Central Group, would meet at the Alano Club on Wednesdays and Saturdays at 8pm.
- **September 1950** – The first meeting in Seaside, Oregon is held at the home of Earl E and his non-alcoholic wife Leona.
- **September 1951** – The first Oregon A.A. Newsletter, titled "Our Baby", begins publication. The monthly newsletter would carry state as well as national A.A. news. Each group would receive a copy in the mail and additional copies were circulated through the central office in Portland. 500-600 copies were printed for each issue. The newsletter would cease publication after three years. The Oregon Area would begin publishing a second newsletter in April, 1960.
- **September 2001** – In the wake of the September 11, 2001 attack on the World Trade Center in New York, exhausted A.A. members among firefighters, police, and clean - up crews form A.A. meetings at Ground Zero.
- **September 2013** – WCO began accepting 7th Tradition contributions through its website.

Upcoming Events

September 27, 2025 – 7:00 am Wake up call Speaker Meeting. Speaker Shawna H. Unitarian Universalist Congregation Church in Oregon City. The "Pink Church" 710 6th St, Oregon City, OR 97045

September 27, 2025 – 8:00 am – 1:00 pm Grapevine Writing Workshop. Amber N. Unitarian Universalist Congregation (Pink Church) 710 Sixth St, Oregon City Oregon 97045

September 27, 2025 – 7:00 pm – 8:30 pm. Monthly Speaker Birthday Meeting. Speaker Tina W, Jess. Westside Service Center. 18653 SW Farmington Road. Aloha, OR

October 6, 2025 – Westside Central Office Online Business Meeting, 7:00pm-8:00pm, Email info@westsidecentraloffice.com for an invitation to the online meeting.

October 10-12, 2025 – Rose City Girlstock. This year, the event will be held online and in-person. More information is available at www.rosecitygirlstock.com.

October 25, 2025 – District 31 Halloween Party 5:00 pm – 10:00 pm. Dessert Potluck, Pizza provided. Speaker Dawn W, Dave M. Costume contest, raffle prizes.

November 7-9, 2025 – Camp Howard Men's Retreat Bill C & Steve L See flyer below for QR Code.

To list A.A. related announcements in this section, email the announcement to:
newsletter@westsidecentraloffice.com

October Grapevine

This month's featured section is "AA & Technology." AA members share about the many new ways AA is using technology today.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates Ce position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, online with Zoom. Email info@westsidecentraloffice.com for an invitation. We look forward to seeing your group's Co Rep there!

"…to take responsibility for the well-being of others…is the very spirit of Step Nine."

(Reprinted from Twelve Steps and Twelve Traditions, page 87, with permission of A.A. World Services, Inc.)

Get Involved!

A.A. Service Opportunities at the Westside Central Office. The Westside Central Office (WCO), an A.A. Central/Intergroup Office serving the western Portland, Oregon metropolitan area, has the following service position opportunities:

Chair – Facilitates WCO business meeting; presents a quarterly report on WCO at each Area 58 Quarterly Assembly; emails business meeting minutes to Area 58 Archivist.

Co-Chair – If Chair resigns or is unable to serve for any reason, the Co-Chair steps in and assumes Chair duties and responsibilities; records WCO business meeting minutes in absence of recording secretary.

Finance Chair - Receives and approves annual budget requests from committees; compiles itemized annual budgets into a report for the November WCO business meeting; monitors and documents WCO expenditures; reconciles expenditures to annual budget).

Board of Directors – The WCO Board of Directors consist of three to seven individuals that act as the legal custodians of Westside Central Office, Inc. and oversee the day-to-day operations of WCO.

Activities Chair - Brings suggestions for WCO-sponsored events to Co Reps for approval; Organizes volunteers to host activities; Finds the facilities to host activities; Prepares flyers for distribution to A.A. community for events.

A.A. Hotline Committee Chair - Maintains a calendar of individuals and groups willing to answer the WCO phone.

Cooperation with the Professional Community Committee Chair - Hosts A.A. presentations to professionals, such as health care workers, counselors, law enforcement, etc. who encounter active alcoholics.

Corrections Committee Chair - Carries the A.A. message to alcoholics behind the walls of correctional institutions.

Outreach Chair - Informs A.A. groups and members of the available services and opportunities for service at the WCO; Maintains the Westside Central Office Frequently Asked Questions (F.A.Q.) form.

Public Information Chair – Informs the public on "what A.A. is" and "what A.A. is not" through literature, presentations, and public service announcements.

12 Step Call Chair - 2 years continuous sobriety suggested - 1 year term • Maintains a list of 12 step call volunteers and A.A. groups available to make 12 step calls • Receives 12 step call requests from A.A. hotline volunteers • Matches up 12 step call requests to 12 step call volunteers/A.A. groups based on their geographical location • Makes a written report at WCO monthly business meeting • Well-grounded in the A.A. Twelve Traditions, becoming familiar with the AA. Guidelines for A.A. Answering Services from G.S.O., and becoming familiar with the principles and practices of the Westside Central Office • Elected in September by Third Legacy Procedure, as outlined in the A.A. Service Manual • Submits an itemized annual budget for the following calendar year, by no later than the date of the October Westside Central Office business meeting, to the Finance Committee Chair • Has right of participation, motion making, and voting 9 • Failure to meet qualifications or report at/attend 2 consecutive Westside Central Office business meetings will result in an open position

Treatment Facilities Committee Chair - Contacts Treatment Centers and helps in coordinating A.A. meetings and presentations at their facility.

Office Volunteer Chair – Assists the Office Manager (or Board of Directors) with finding A.A.s to volunteer at the WCO facility.

Office Manager – Manages the Westside Central Office and its volunteers. 5 or more years continuous sobriety is suggested. Serves through September. Note: Office Manager is appointed by the Board of Directors. Please email your service resume to info@westsidecentraloffice.com. Public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

WAKE UP CALL

SPEAKER MEETING

SATURDAY SEPTEMBER 27TH 7AM

This months speaker is Shawna H.

Sobriety: 1/17/07 Homegroup: CSBM

Unitarian Universalist Congregation in Oregon City

The "Pink Church"
710 6th St, Oregon City, OR 97045

AA GRAPEVINE

The International Journal of Alcoholics Anonymous

Writing Workshop

Saturday, Sept 27, 2025

Hosted by District 15

Become part of the living history by writing your own story for the Grapevine

Learn tips for writing from our very own Amber N.
(Oregon Area Grapevine/LaVina Committee Chair)

Unitarian Universalist Congregation (Pink Church)
710 Sixth St, Oregon City Oregon 97045
11:00am - 1:00pm

Lunch will be Provided

Questions? Contact: workshop@aaoregondistrict15.com

WESTSIDE SERVICE CENTER WITH SURRENDER GROUP PRESENTS

Monthly Speaker Birthday Meeting

Last Saturday of the month

7:00 Pm - 8:30 Pm

August

John C. (Clu)

Adrianne H.

September

Tina W.

Jess

50 - 50 Raffle - Birthday Cake

18653 SW Farmington Rd.
Aloha, Oregon
(In Safeway /Bimart Shopping Center)

ROSE CITY GIRLSTOCK

Join us for a weekend journey through the 12 Steps of Alcoholics Anonymous: Bringing women together through love, laughter and service.

"…we have been given the Keys of the Kingdom."
Page 276, Alcoholics Anonymous

SPEAKERS
Cat C. (Portland, OR)
Melissa C. (Portland, OR)
Kenna F. (Pasadena, CA)
Gillian G. (Portland, OR)
Gina G. (Portland, OR)
Christy L. (Portland, OR)
Kathi L. (Corbett, OR)
Carol P. (Portland, OR)

SATURDAY NIGHT SOCIAL/PAJAMA PARTY/ GAME NIGHT FREE TO ALL IN-PERSON REGISTRANTS

October 10th – 12th, 2025

Go to www.rosecitygirlstock.com for Event and hotel registration!

Holiday Inn Portland – Airport (HIPA)
8439 NE Columbia Court, Portland, OR 97220
503-256-5000
Book your room from our website.

$89: Special Room Rates for the HIPA (per night plus tax) for single King or double Queen beds.
Offer expires September 19, 2025

$75: In-Person Registration Only
$145: In-Person Registration + Meals
(Meals include Saturday Night Dinner, Sunday Morning Breakfast)
Vegetarian and Vegan Options will be provided

$30: Virtual Online Only Registration
All prices above do not include processing fees

Registration Chair: Ashlie B.; **Co-Chair:** Tuesday H.
Email: RCGSregistration@outlook.com
RCGS Chair: MiQuelle D.: 512-751-6996
RCGS Co-Chair: Debbie N.: 503-314-8030
Volunteer Coordinators: Shaunna S. & Kathy B.
Email: shaunnaspta@hotmail.com

Rose City Girlstock is a paid event which is self-supporting through your registrations. You must be registered to attend. No Seventh Tradition baskets are passed at any time during the event.

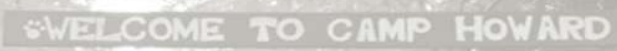
NO REFUNDS WILL BE ISSUED

FREE COFFEE - REGISTRATION LIMITED TO 300 – REGISTER EARLY!!!

HOSTED BY DISTRICT 31
R.I.P
HALLOWEEN PARTY
OCTOBER 25TH 2025
5:00PM - 10:00PM
6:30PM SPEAKER - DAWN W. - BANKS
7:30PM SPEAKER - DAVE M. - HELVETIA
PLEASE CONSIDER MAKING A $5 DONATION AT THE DOOR
FIRST CONGREGATIONAL CHURCH
494 E MAIN ST
HILLSBORO OR. 97123

Camp Howard Men's Retreat 2025

November 7th Thru 9th



Genuine activities
- 12 Step Workshop
- Group Mediation
- Covered Basketball and Pickleball courts

Speakers

Bill C. and **Steve L.**

Los Angeles, CA

Roster of activities
- 13th Step Workshop
- Intimacy Panels
- more from Dan

COST: **$175.00** includes meals (Friday dinner through Sunday breakfast) and lodging

Full payment is needed to reserve your space.

ATTENTION

YOU MUST BRING YOUR OWN BEDDING: SLEEPING BAG, PILLOW, TOWEL, ETCETERA.

QUESTIONS: Please Contact:

Will T. 503 260 2918 | Harry W. 360 910 3980 | Geoff G. 503 806 0001

Looking forward to seeing you all in November!

Camp Howard
11010 Camp Howard Road
Corbett, OR 97019

Please remit registration via Venmo

or

Make Checks payable to Will Toogood and send to:
Will Toogood
PO Box 1928
Sandy, OR 97055