Into Action!

Westside Central Office

November 2025 - Volume 14 - Number 2

What's Happening at the WCO?

Our Hospital Service call program only received 1 request last month, which was taken by a volunteer. As we get into the holidays, I imagine we will see more.

I sent the WCO report to the Area secretary yesterday in lieu of the assembly in two weeks, which I will be attending virtually to give our report.-

Our 2-year lease is up at the end of this year. We will seek another lease at our current office for another 2 or maybe 3 years, depending on the monthly rental rate they offer us.-

Our hotline only received 38 calls and consumed 18 minutes during the last billing cycle which was September 16th through October 15th .

In October, our website had approximately 1800 users who viewed approximately 8700 web pages or 281 web pages per day on average. There was not much difference compared to the activity in September. The number of users is up 2.9% compared to September and number of viewed web pages were down 1.2%.

We passed out the proposed budget for 2026 tonight. Please share this with your Groups and come back next month to discuss and/or ratify the budget.

Light month for Hotline calls. Went over the Volunteer basic requirements. You can get fully educated at the link below. Always need volunteers at the link below:

https://westsidecentraloffice.com/service/a-a-hotline

Grapevine News

November 2025

Want this newsletter emailed to you each month? Then subscribe today by visiting www.westsidecentraloffice.com/newsletter/#subscribe.

"A.A." and "Alcoholics Anonymous" are registered trademarks of A.A. World Services, Inc., used by permission.

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! Visit www.westsidecentraloffice.com/literature or call 503-684-0415 (extension 2) to order literature.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

This Month in A.A. History

- **November 1934** – Ebby T visits Bill and tells him his story.
- **November 1937** – First realization of success. Dr. Bob and Bill W, while meeting in Akron, note forty sober cases among the early fellowship.
- **November 1950** – Peru's inaugural A.A. Group is founded.
- **November 16, 1950** – Dr. Bob dies of cancer. Dr. Bob had 15 years of sobriety when he died. During this time, he and Bill W created a fellowship that transformed the lives of over 100,000 men and women.
- **November 1, 1953** – First German A.A. Group founded in Munich by U.S. Servicemen stationed there.
- **November 1975** – A.A. Archives open at the General Service Office.
- **November 1986** – First paperback edition of the Big Book is published.
- **November 2001** – The fourth edition of the Big Book is released.
- **November 2006** – South Africa celebrates 60 years of A.A. in Johannessburg. The event is marked with a mini rally with over 300 people in attendance.
- **November 2012** – The first Spanish A.A. Public Service Announcement (PSA) produced by AAWS begins airing on Spanish TV. The PSA is titled "Tengo Esperanza" ("I Have Hope").
- **November 1, 2014** - The Westside Central Office begins offering open office hours on Saturdays from 12noon – 4pm. A.A. members and the general public can visit during open office hours to obtain information on A.A. and to purchase A.A. conference literature at cost.
- **November 18, 2017 –** WCO moves its office location to Cedar Hills Shopping Center.

Happy GOBBLE GOBBLE DAY!

Marathon meetings at Westside Service Center and Forest Grove Recovery Club. You don't have to be alone for the holidays!!!

Upcoming Events

November 2, 2025. NEW LOCATION! Living Sober Group has a new meeting place at Hillsboro United Methodist Church 8th and Lincoln.

November 5 & 7, 2025. NEW TIME! Banks Bondage Breakers Group 7:00 pm Wednesday's and Friday's!

November 14- 15, 2025 Oregon Area 58 Assembly Welches OR. More info www.oregon-aa.org/assembly

December 31 2025. District 31 NYE Party. Time TBA. First Congregational Church Hillsboro.

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. During the COVID-19 pandemic, we hold our business meeting online each first Monday of the month, 7pm-8pm. Email info@westsidecentraloffice.com for an invitation to the meeting. We look forward to seeing your group's Co Rep there!

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at: www.westsidecentraloffice.com/meetings

"The other Steps can keep most of us sober and … functioning. But Step Eleven can keep us growing."

(Reprinted from The Language of the Heart, page 240, with permission of AA Grapevine, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

AA Group Sound Off!

Does your home group have news it wishes to share with the fellowship?

Any group events, milestones, format changes, or AA birthdays of home group members?

Or do you just want to put in a plug for your home group?

If so, send us your group news and we will publish it in an upcoming issue of WCO's newsletter, Into Action!

Email group updates to:
newsletter@westsidecentraloffice.com

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

WESTSIDE CENTRAL OFFICE - PROPOSED BUDGET FOR 2026

INCOME ESTIMATES**	**2026 Budget**	**2025 Budget**
Literature Sales	$ 1,918.00	
Group Contributions	$ 7,171.00	
Member Contributions	$ 907.00	
Total	**$ 9,996.00**	
EXPENSES		
P.O. Box	$ 230.00	$ 220.00
Rent for office*****	$ 4,800.00	$ 4,000.00
Phone Service	$ 150.00	$ 150.00
Web & E-mail	$ 650.00	$ 630.00
Internet & WIFI	$ 720.00	$ 720.00
Insurance	$ 350.00	$ 350.00
Licenses & Gov't Fees****	$ 70.00	$ 70.00
Chair	$ 20.00	$ 20.00
Co-Chair	$0.00	$0.00
Secretary	$0.00	$0.00
Treasurer***	$ 20.00	$ 20.00
Outreach Committee***	$ 20.00	$ 20.00
PI Committee***	$ 20.00	$ 20.00
CPC Committee***	$ 20.00	$ 20.00
TF Committee***	$ 20.00	$ 20.00
Corrections Committee***	$ 20.00	$ 20.00
Newsletter Committee	$0.00	$0.00
Hotline Committee	$0.00	$0.00
12th Step Call Committee	$ 30.00	$ 30.00
Area 58 Assemblies	$0.00	$0.00
Literature Inventory Purchases	$ 2,000.00	$ 2,000.00
Literature (expenses, miscellaneous)	$ 25.00	$ 25.00
Literature (Meeting Schedules)	$ 150.00	$ 150.00
Activities***	$ 20.00	$ 20.00
Finance Committee	$0.00	$0.00
Office Volunteer Chair	$0.00	$0.00
Video Conferencing (Zoom)	$ 180.00	$ 180.00
Office Improvement	$ 500.00	$ 500.00
Literature to sell at PNC	$0.00	$0.00
Literature for A.A. Support Call Committee	$0.00	$0.00
Total	**$ 10,015.00**	**$ 9,185.00**

** Income estimates are based on 2025 averages 1/1/25 - 10/31/25.
*** This line item represents seed money for an open service position.
**** $20 to DOJ and $50 to SOS
***** Rent based on estimated $400/month due to possible increase
Prudent Reserve is $2400 representing around 3 months of expenses
Proposed at the 11/2/2025 WCO Business Meeting

Living Sober Is Moving!!

Starting November 2nd 5:00pm – 6:00pm

New Location - Hillsboro United Methodist Church, Corner of 8th and Lincoln in Hillsboro

168 NE 8th Ave. Hillsboro Or, 97124

Please call/text with questions Kevin S. 510-453-6107

37TH INTERNATIONAL A.A. MEN'S CONFERENCE (IAAMC)

APRIL 10 – 12, 2026

MIRACLES IN PROGRESS

HILTON SEATTLE AIRPORT AND CONFERENCE CENTER
17620 INTERNATIONAL BLVD, SEATTLE, WA 98188
Deadline for pre-registration is March 31, 2026

In April 1986, four men discussed the idea of holding a National AA Men's Conference after hearing from some AA women about how successful their Women's Conference was every year. Ted H. was contacted by Sam L., Demers, Sam W., and Mike F. to collaborate. The men met at Ted's home in Cleveland, Ohio, to devise a plan of action.

Letters were sent out to the Cleveland AA community, inviting them to participate in the planning of the conference. A meeting was held in response, and a committee was formed to raise funds. The men set a fundraising goal of $1,500. Through raffles, picnics, dances, and out-of-pocket donations, they successfully raised the seed money needed to hold the first conference.

Since then, 36 cities have hosted the International AA Men's Conference. The 37th Annual 3-Day International AA Men's Conference will be held in Seattle, Washington, from April 10 to 12, 2026. We hope to see you there!

EVENT REGISTRATION

WWW.IAAMCAB.ORG OR BY MAIL AT: IAAMC 2026, 11012 CANYON RD E SUITE 8 PMB 114, PUYALLUP, WA 98373

(Make checks payable to IAAMC 2026
Book a Hotel Room: https://book.passkey.com/go/IAAMC2026
For more information on the conference, contact Don N. at (253) 365-8073, Jeffery R. at (253) 754-7617, or Randy M. at (253) 278-9842

Qty

☐ $ _____ Registration and Saturday Evening Banquet, $165.00
☐ $ _____ Registration only, $50.00
☐ $ _____ T-Shirt select size [S, M, L, XL: $19.50, 2X: $21.50, 3XL, 4XL, 5XL, 6XL: $23.50]
☐ $ _____ Bus Tour of the Seattle Area ($80.00)

Total: $ _____

Name: _____

Phone: _____

Address 1: _____

Address 2: _____

City: _____

State _____ Zip: _____

Email: _____

☐ I would be interested in volunteering for a workshop or panel

Click on QR Code to Open Registration Page