Into Action!

Westside Central Office

December 2025 - Volume 14 - Number 3

What's Happening at the WCO?

Our Hospital Service call program received 0 patient requests in November, which is either the first or second time that has ever happened.

We need 12 Step Volunteers to get back to in-person/hospital visits.

We received a letter from our landlord that they want us to continue our tenancy at our current office location. They will be sending a lease renewal offer to us soon. Also, to clarify our current lease. It expires at the end of January, not the end of December as I previously reported.

An updated literature price sheet is now available on our website. There were no price changes, just a couple of new items were added. The plastic A.A. window sign was added and the P-91 pamphlet titled "Experience Has Taught Us: An Introduction to our Twelve Traditions". We plan to make our last literature purchase in 2025 in a week or two. If you have any special orders or your group would like to order a case of books, let us know soon.

Our hotline received 22 calls and consumed 8.9/300 prepaid minutes during the billing cycle that ran from October 16th through November 15th.

Our website in November saw a significant increase in activity compared to October. In November, our website recorded 3400 visitors who viewed 10,000 web pages or 333 web pages per day on average. Compared to October, our website's number of visitors was up 89% and average web page views were up 21%.

Have a submission? Email newsletter@westsidecentraloffice.com

Want this newsletter emailed to you each month? Then subscribe today by visiting www.westsidecentraloffice.com/newsletter/#subscribe

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Season's Greetings and Happy New Year from WCO!

We wish you all joy and serenity this holiday season! Celebrations outside the rooms of A.A. go hand in hand with the holidays. Of course many of these celebrations include alcohol. As the Big Book reminds us, we need not avoid places where there is drinking provided that we have a legitimate reason for being there (Chapter 7, *Working with Others*, page 101).

That still does not mean an urge to drink will not come up in these social gatherings. To help arm you with some tips on what to do in these situations, take a moment to review Twelve Tips on Keeping Your Holiday Season Sober and Joyous (available at www.westsidecentraloffice.com). And remember, you're not alone this holiday season. If you need to talk, give us a call at 503-684-0415.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! Visit www.westsidecentraloffice.com/literature or call 503-684-0415 (extension 2) to order literature.

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

This Month in A.A. History

- **December 1934:** Bill has his spiritual experience in Towns Hospital.
- **December 1934**: Bill works with other alcoholics, but none of them stay sober.
- **December 1937**: Bill, Dr. Bob, Dr. Silkworth, and some group members from Akron and New York meet with John D. Rockefeller Jr. Their hopes for financial backing from the philanthropist were squashed when it was pointed out that money could spoil the movement's purpose. The meeting reaps welcome enthusiasm and moral support, but no funds. This experience would later form the basis of A.A.'s Seventh Tradition.
- **December 1938:** Twelve Steps are written.
- **December 1939:** The first A.A. group in a mental institution is established at New York's Rockland State Hospital.
- **December 5, 1943:** Bill and Lois arrive in Portland Oregon as part of their Pacific Northwest tour.
- **December 6, 1943:** Bill and Lois attend a meeting arranged by early Portland A.A. pioneers, Dr. Clarence W.H. and Dan G. The meeting attracts over 100 people thanks to advertisements placed in The Oregonian and The Oregon Journal newspapers. Bill would speak on his experience, strength, and hope for one hour. After hearing Bill's story, twenty-two men register their phone numbers and express a desire to attend another meeting.
- **December 1943:** A week after the meeting with Bill and Lois, interested individuals begin meeting at the YMCA in Downtown Portland. By January 1944, these informal meetings would grow into the first A.A. Group in Portland, as well as Oregon.
- **December 1948:** Dr. Bob gives his last major talk before a crowd of A.A.s in Detroit, Michigan.
- **December 22, 1995**: The General Service Office in New York launches the website www.aa.org

Upcoming Events

December 19, 2025 – Molalla Holiday Party 6:30 pm Potluck & Activities (see flyer below)

December 31, 2025 - District 31 NYE party at 494 E Main St Hillsboro, OR 7pm – Midnight (see flyer below)

January 5, 2026 – Westside Central Office Online Business Meeting, 7:00pm-8:00pm, Email info@westsidecentraloffice.com for an invitation.

April 10-12, 2026 – International Men's Conference Seattle, WA. (see flyer below)

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

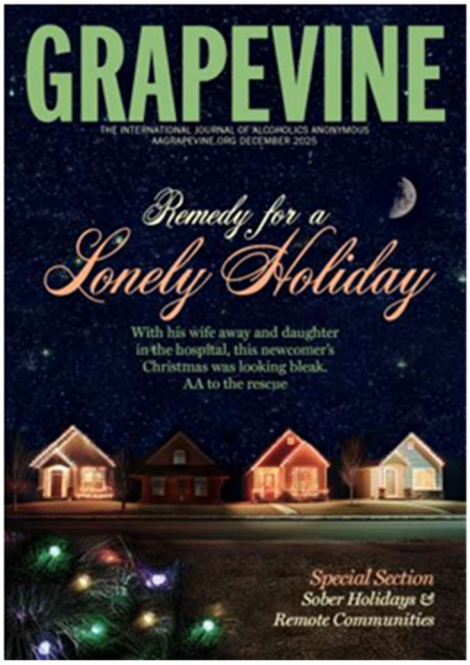
AA Grapevine's Podcast

AAGRAPEVINE PODCAST

The podcast is available on your favorite podcast platforms and via the player below.

www.aagrapevine.org/podcast

December 2025



Sober Holidays & Remote Communities

This month's featured section is "Sober Holidays & Remote Communities," filled with helpful stories about staying sober and enjoying the holidays, along with remote community AA stories to remember the members who have a difficult time reaching AA, especially this time of year.

"When the Twelfth Step is seen in its full implication, it is really talking about the kind of love that has no price tag on it."

(Reprinted from Twelve Steps and Twelve Traditions, page 106, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

District 31

New Year's Eve

moonlight masquerade

Fellowship, Mystery and the magic of recovery

antipasto- Italian dinner-dessert 7pm

DANCING & MUSIC BY DJ TIM T.

50/50 RAFFLE & GIFT BASKET RAFFLE

December 31,2025 7PM-Midnight

speakers 8:30pm & 10pm TBD

494 E MAIN ST HILLSBORO, OR 97123

PLEASE CONSIDER MAKING A $5 DONATION AT THE DOOR

FOR SERVICE OPPORTUNITIfES CONTACT MIMI. 503.740.4983

Molalla AA
Christmas Party/Potluck
White Elephant Gift Exchange
December 19th
6:30 Dinner
Molalla Methodist Church
111 Mathias Rd.
Molalla, OR
Please Bring Main or Side Dish
$10.00 Gift limit (gifts for adults)
Please-unless you bring a gift, do not take a gift
Children and Adults Welcome

37TH INTERNATIONAL A.A. MEN'S CONFERENCE (IAAMC)

APRIL 10 – 12, 2026

MIRACLES IN PROGRESS

HILTON SEATTLE AIRPORT AND CONFERENCE CENTER
17620 INTERNATIONAL BLVD, SEATTLE, WA 98188
Deadline for pre-registration is March 31, 2026

In April 1986, four men discussed the idea of holding a National AA Men's Conference after hearing from some AA women about how successful their Women's Conference was every year. Ted H. was contacted by Sam L., Demers, Sam W., and Mike F. to collaborate. The men met at Ted's home in Cleveland, Ohio, to devise a plan of action.

Letters were sent out to the Cleveland AA community, inviting them to participate in the planning of the conference. A meeting was held in response, and a committee was formed to raise funds. The men set a fundraising goal of $1,500. Through raffles, picnics, dances, and out-of-pocket donations, they successfully raised the seed money needed to hold the first conference.

Since then, 36 cities have hosted the International AA Men's Conference. The 37th Annual 3-Day International AA Men's Conference will be held in Seattle, Washington, from April 10 to 12, 2026. We hope to see you there!

EVENT REGISTRATION

WWW.IAAMCAB.ORG OR BY MAIL AT: IAAMC 2026, 11012 CANYON RD E SUITE 8 PMB 114, PUYALLUP, WA 98373

(Make checks payable to IAAMC 2026
Book a Hotel Room: https://book.passkey.com/go/IAAMC2026
For more information on the conference, contact Don N. at (253) 365-8073, Jeffery R. at (253) 754-7617, or Randy M. at (253) 278-9842

Qty

- ☐ $ _____ Registration and Saturday Evening Banquet, $165.00
- ☐ $ _____ Registration only, $50.00
- ☐ $ _____ T-Shirt select size [S, M, L, XL: $19.50, 2X: $21.50, 3XL, 4XL, 5XL, 6XL: $23.50]
- ☐ $ _____ Bus Tour of the Seattle Area ($80.00)

Total: $ _____

Name: _____

Phone: _____

Address 1: _____

Address 2: _____

City: _____

State _____ Zip: _____

Email: _____

☐ I would be interested in volunteering for a workshop or panel

Click on QR Code to Open Registration Page