Into Action!

Westside Central Office

January 2026 – Volume 14 – Number 4

What's Happening at the WCO?

Chair Report: Slow December for AA. I will be setting up a meeting with the Hospital Admin. and will discuss how we can better serve them, literature, and all things Hospitals Committee related.

Please continue to spread the word that we have open service positions and need support in that area urgently. I would love to find someone to take the Hospital Service Call Program Chair position as that program could use some attention. Any questions can be directed to chair@westsidecentraloffice.com.

We still have not received a lease renewal from our landlord, but the property manager said that we should get it this week. She also said that she believes the rent will only be a 4% increase, but we won't know for sure until the landlord gives her the lease proposal. Like last year, we will adjust the rent budget line item after we learn what our new rent will be.

We renewed our business license with the city of Tigard. As with past years, there was no charge because we are a nonprofit organization.

We did not get a chance to order literature last month, so we ended up with a little more budgetary surplus than expected at the end of 2025. When I had some time to place the order, AAWS had paused orders, as they do the last week of every year, to take inventory. So, even if I had placed the order, it wouldn't have been processed until this year. I hope to still place the literature order this month.

Please remind your Groups that we sell A.A. Conference Approved Literature at GSO prices at our office in Tigard. We do not mark up our literature prices. We can do this thanks to the generous financial support of our Groups and members. They can visit our website or email info@westsidecentraloffice.com to schedule an appointment.

I hope we can host at least one A.A. workshop this year. Please ask your Group what sort of workshop or A.A. related event they would like to see. And if someone is interested in taking the lead on this, please consider serving as our Activities Chair.

For all of 2025, the hotline experienced a notable reduction in usage compared to 2024. Total call volume declined from 623 calls in 2024 to 454 calls in 2025, representing a decrease of approximately 27%. Total call duration also fell from 617 minutes to 497 minutes, a reduction of about 19% year over year.

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: http://westsidecentraloffice.com/newsletter/#subscribe

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Grapevine News !

January 2026 Grapevine is on Stories for Day Counters

We kick off the year with our "Stories for Day Counters" issue, full of experiences by AA members about the things that helped them most during their very earliest days in AA.

Upcoming Events

District 31 has elected Jon Michael as DCM! He can be reached at dcm31@aa-oregon.org
And welcome to Dave M. Alt DCM alt-dcm31@aa-oregon.org

Oregon Area 58 Committee Meetings:
https://www.aa-oregon.org/find-a-meeting/#oregon-58-events

NEW Spanish Speaking Women's Meeting! LOS MIÉRCOLES A LAS 5:30 P.M. - HORA DEL PACIFICO POR ZOOM MEETING ID: 896 7924 3808 PASSCODE: 121212

January 17, 2026 Special Online Forum for Deaf Alcoholics Anonymous Members **9am – 5pm PST** More info and registration https://web.cvent.com/event/75b675fe-7dee-4e5e-876c-600a8c85ff9e/summary

February 21 2-4pm 12 Concepts 101 Workshop at Tabor Heights United Methodist Church 6161 SE Stark Portland, 97215

To list A.A. related announcements in this section, email the announcement to:
newsletter@westsidecentraloffice.com

This Month in A.A. History

- **January 6, 1944**: The first regular meeting location for A.A. in Oregon is established at the Downtown Portland, Oregon YMCA. Although A.A. in Oregon was first established in March 1943 by Co-founders Doc H and Dan G, a regular meeting location had not yet been established until now. 27 people would attend the first meeting. From this meeting, 13 men expressed a desire to become members. A committee was elected and the first group in Portland, as well as Oregon, was established. This group would continue to meet here for two years before starting the 10th Street Clubroom.
- **January 3, 1949**: The first A.A. meeting in Albany, Oregon is held in the chamber of commerce building. The meeting was sponsored by the Salem (Oregon) Group.
- **January 1957:** First A.A. Group in India forms in New Delhi.
- J**anuary 1958:** As a service to its readers, the January 1958 issue of the Grapevine prints a chart outlining A.A.'s services and the Conference structure. Text in the top box of the chart indicates that there are over 7,000 groups registered with the "General Service Headquarters". This includes 500 in institutions (i.e., hospitals, prisons, and other institutions), and 760 overseas.
- **January 1959:** After years of failed attempts, a stable A.A. Group in Colombia forms.
- **January 1960:** First A.A. Group in Guatemala forms.
- **January 1962:** The (Portland Oregon) *Central Committee* changes its name to the *Portland Area Intergroup*.
- **January 24, 1971:** At the age of 75, A.A. Co-founder Bill W dies at the Miami Heart Institute in Miami Beach, Florida.
- **January 2006:** A Japanese General Service Board forms in Tokyo. At this time an estimated 3,500 to 4,000 members are meeting in 290 A.A. Groups in Japan.
- **January 2010:** The Intergroup Exploratory Committee holds its last meeting and approves the creation of the Westside Central Office.

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. Email tf@westsidecentraloffice.com for more information.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature at our office. We are open by only. Visit www.westsidecentraloffice.com/literature to request an appointment.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm virtually. Email info@westsidecentraloffice.com for an invite.

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

MUJERES UNIDAS EN A.A.

JUNTA DE ESTUDIO DEL LIBRO GRANDE

LOS MIÉRCOLES A LAS
5:30 P.M. – HORA DEL PACIFICO
POR ZOOM
MEETING ID: 896 7924 3808
PASSCODE: 121212

Portland Area Intergroup is accepting

service resumes for

AA Hotline Coordinator

Qualifications are:

- 2 years current and continuous sobriety
- Must have a sponsor and home-group
- Must have a desire to help the still suffering alcoholic

Skills needed:

- Computer
- Enjoys working with people
- Good organizational skills

Job Description:

Manage the AA hotline schedule, deliver monthly schedule electronically to the answering service and the central office, report monthly at the Intergroup business meeting, speak on behalf of the hotline at special events, partner with Central Office to recruit and manage new volunteers, troubleshoot general problems that may arise with volunteers.

Please send your contact information and service resume to:

Portland Area Intergroup-Hotline Committee
825 NE 20th Ave Suite 200
Portland OR 97232

Needed from you:

Sobriety Date: _____

Full name: _____ Phone Number: _____

Email Address: _____

Call Garry at central office with any questions you may have 503-223-8569

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Registration is open Link

Special Online Forum for Deaf
Alcoholics Anonymous Members
Saturday, January 17, 2026
9 a.m. - 5 p.m. (PDT)
12 p.m. - 8 p.m. (EST)

A Language and Cultural Special Forum for Deaf A.A. Members who use American Sign Language (ASL), Langue des Signes Québécoise (LSQ) & Lengua de Señas Mexicana (LSM)

Panel 1: Deaf A.A. Community Culture & Language
Panel 2: Is A.A. Accessible for Deaf Members?
Panel 3: Interpreters, Safety & Inclusion
Panel 4: Your Connection to the Office/General Service Board
Panel 5: What Resources are Available?
Town Hall: How Can A.A. Improve?

This General Service Office event will be held online and facilitated by Deaf A.A. members.

Why attend?

- Fellowship with Deaf A.A. members throughout the U.S./Canada.
- Share your ideas on how we can improve carrying the message to still suffering Deaf alcoholics.
- Learn how the general service structure works.

Together, we will work on solutions to better meet the needs of Deaf members and strengthen the connection between the Deaf community and the wider A.A. Fellowship.

What are the
12 Concepts of AA?

Why should I care?

No Clue?
This Workshop is for you!

The 12 Concepts 101 Workshop

Speakers:
Madeleine P. -Amber N.
Anne M.- Jim F.

Saturday February 21st, 2026
2:00-4:00 p.m.

Tabor Heights United Methodist Church
6161 SE Stark Portland, 97215

Come have snacks
know the concepts when you go back!
Have some fun
Leave with knowledge that will stun!

Hosted by District 12

Molalla AA Monthly Speakers Meeting/Potluck

January 16th, 2026
6:30 Dinner
7:30 Speaker
Molalla Methodist
111 Mathias Rd.
Molalla, OR

AA Speaker: Glenda H.

Oregon

Please Bring Main Dish or a Side Dish

Everyone is Welcome !

While children are a blessing, we respectfully request the they are not allowed to disrupt the speaker - a room is available down the hall if you provide supervision.