Into Action!

Westside Central Office

April 2026 - Volume 14 - Number 7

What's Happening at the WCO?

We had 0 patient requests from St Vincent's emergency room. The hospital social workers are aware of us and do share that we are available if any patients want to speak with someone from AA.

Our big takeaway this month was area assembly. Our interim chair Andrew gave our report live and got to meet several other committee members and chat with them.

Our booth at area assembly was a blast. Thank you to Mark, Jeff, Scott, Dylan, Andrew and Dawn for stepping up with selling literature. A huge thank you to those that signed up for our hotline and 12 step volunteering!

For purchases: https://westsidecentraloffice.com/literature or email your order to info@westsidecentraloffice.com

Our hotline received 30 calls and consumed 22/300 prepaid minutes during the last billing cycle.

Our website had a nice increase in usage in Match compared to February. Our website had approximately 2800 users who viewed approximately 7700 web pages or 248 web pages per day on average. The number of users is 72% higher compared to February and the web page views are about 1% higher than February.

To volunteer to be a 12 Step Call Volunteer, fill out the questionnaire at: https://westsidecentraloffice.com/service/twelfth-step-calls

We will be putting on at least one workshop this year. Some ideas we have are sponsorship workshop, the twelve traditions play, or a service workshop. If you have suggestions on something you would like to see whether it be a workshop or an activity, please email newsletter@westsidecentraloffice.com

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: http://westsidecentraloffice.com/newsletter/#subscribe

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Grapevine News

Getting into General Service The April issue is "Getting into General Service," featuring inspiring stories of experience by AA members about how they got into service below the group and how it changed their sobriety.

New Chair Position

Hospitals Service Call Chair - 2 years continuous sobriety suggested - 2-year term

- Has the time and energy to serve the Westside Central Office well
- Maintains a list of 12 step call volunteers that are available for in-person and/or over the phone 12th Step calls with hospital patients
- Receives 12 step call requests from participating hospital staff
- When possible, match up 12 step call requests to 12 step call volunteers based on their gender and age
- Makes a written report at WCO monthly business meeting
- Well-grounded in the A.A. Twelve Traditions, becoming familiar with the " for Treatment Facilities Committees" and & "A.A. Guidelines for A.A. Answering Services" from G.S.O., and becoming familiar with the principles and practices of the Westside Central Office
- Coordinates and cooperates with Oregon Area 58, Districts, and Intergroups
- Elected in September by Third Legacy Procedure, as outlined in the A.A. Service Manual
- Submits an itemized annual budget for the following calendar year, by no later than the date of the October Westside Central Office business meeting, to the Finance Committee Chair
- Has right of participation, motion making, and voting
- Failure to meet qualifications or report at/attend 2 consecutive Westside Central Office business meetings will result in an open position.

This Month in A.A. History

- **April 1939:** The book Alcoholics Anonymous is published.
- **April 22, 1946:** First A.A. Group in Astoria, Oregon is established.
- **April 29, 1946:** First A.A. Group in Salem, Oregon takes shape.
- **April 3, 1949:** The first *open to the public* meeting of A.A. in Eugene, Oregon is held.
- **April 1951:** The First General Service Conference meets. This begins a five-year experimental period linking A.A.'s Trustees with the entire Fellowship.
- **April 1958:** The First International Conference of Young People in A.A. (ICYPAA) is held at Hotel Niagara in Niagara Falls, NY.
- **April 1960:** First Alateen group in Salem, Oregon is started.
- **April 5, 1961:** First A.A. meeting at Dammasch State Hospital (Wilsonville, Oregon) is held.
- **April 1970:** G.S.O. moves its headquaters to 468 Park Avenue South in New York City.
- **April 1973:** The distribution of the book, Alcoholics Anonymous, reaches the 1,000,000 mark.
- **April 1976:** Membership tops 1 million for the first time.
- **April 1989:** The book Alcoholics Anonymous turns 50. To commemorate the Golden Anniversary of the Big Book, a cake sporting replicas of the covers to the First and Third editions is served at the General Service Conference.
- **April 2000:** The 50th General Service Conference is held in New York City. Conference Delegates also toured G.S.O.'s new office in Manhattan's Morningside Heights neighborhood.
- **April 2003:** The book, Experience Strength and Hope, is published. This book contains a collection of personal stories that appeared in the first two editions of the Big Book.
- **April 2014:** The book, Alcoholics Anonymous, turns 75. To commemorate the 75th Anniversary of the Big Book, AAWS begins selling a first edition replica of the Big Book printed on thick paper similar to the original.

Upcoming Events

April 25, 2026 7:30 pm to 10:30 am *New Growth Karaoke Night* – Dessert Potluck 710 6th St Oregon City, OR

April 25, 2026 5:30 pm *Take your Sponsor to Dinner.* Lynchwood Church of God 3818 SE 174th Ave Portland, OR 97236.

May 3, 2026 11:00am to 1:00 pm Sobergrass 36370 Yocum Lp Sandy, OR 97055

May 15- 17, 2026 *Oregon Area 58 Service Assembly.* Springfield Elk's Lodge https://www.aa-oregon.org/assembly-information/ to sign up.

June 26 - 28, 2026 *PNC or Pacific Northwest Conference.* Heathman Lodge Vancouver, WA https://www.pnc1948.org/

To list A.A. related announcements in this section, email the announcement to:
newsletter@westsidecentraloffice.com

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Is There an Alcoholic Looking for Your Meeting?

Each day, we are contacted by A.A. newcomers and visitors from out-of-town in search of a meeting. You can help us find a meeting for these individuals by listing your home group's meeting(s) in our meeting directory. To list your group, complete the online form at:
www.westsidecentraloffice.com/meetings

Need Literature?

WCO sells A.A. Conference Approved Literature at its cost to you. The WCO office is currently open by appointment only. You can request an appointment to purchase literature by emailing info@westsidecentraloffice.com.

Step Four is "… the first *tangible* evidence of our complete willingness to move forward."

(Reprinted from Twelve Steps and Twelve Traditions, page 54, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

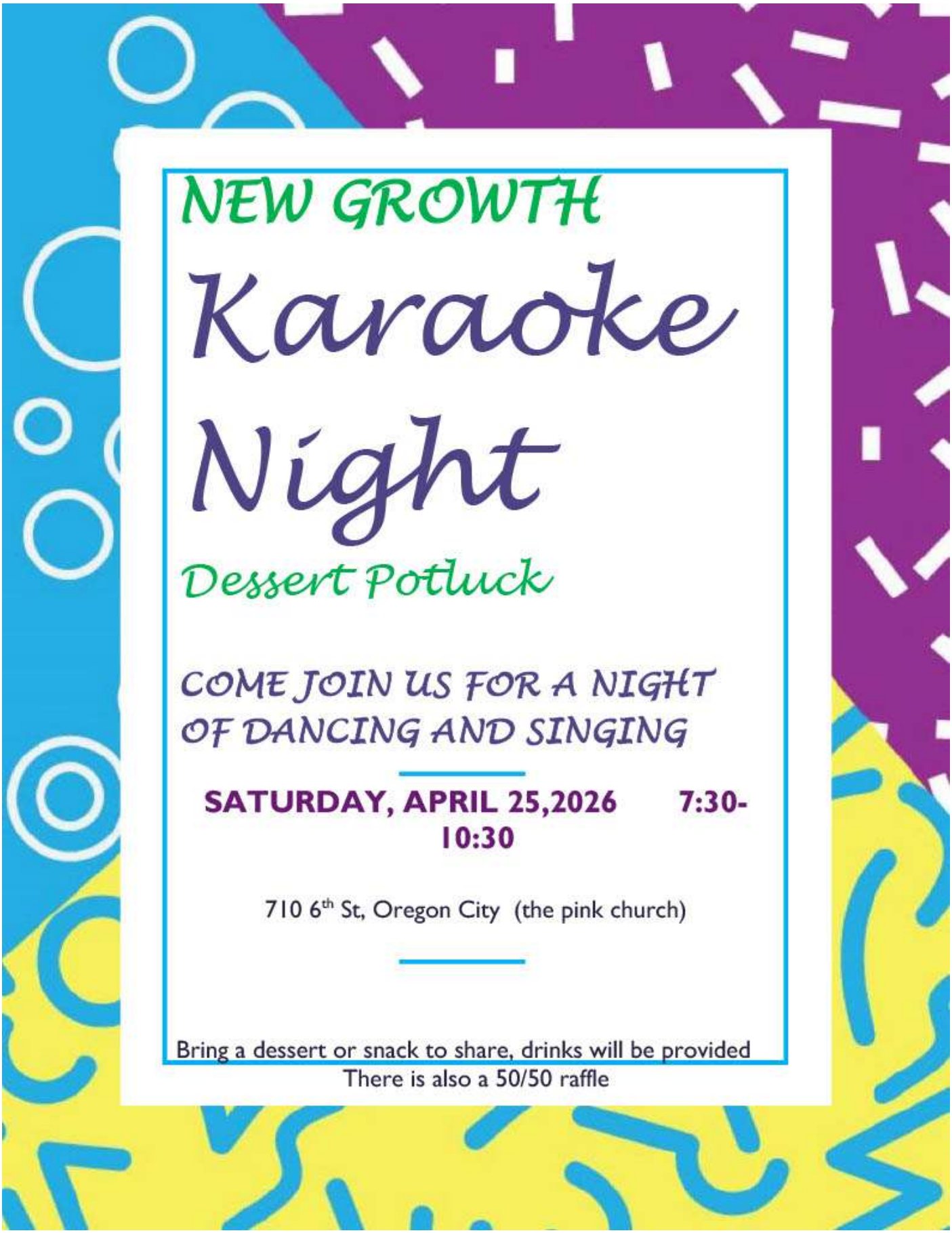
Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information or to get involved.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.


NEW GROWTH
Karaoke Night
Dessert Potluck
COME JOIN US FOR A NIGHT OF DANCING AND SINGING
SATURDAY, APRIL 25,2026 7:30-10:30
710 6th St, Oregon City (the pink church)
Bring a dessert or snack to share, drinks will be provided
There is also a 50/50 raffle

AA District 15 Presents The 13th Annual

Take Your Sponsor To Dinner

An evening of Fellowship and Fine Cuisine

April 25th, 2026

Speaker: John C., Veneta, Oregon

Doors Open at 4:30 pm - Dinner at 5:30 pm

Lynchwood Church of God
3818 SE 174th Ave. Portland, OR 97236

Tickets $15 On Sale Now Not available online

Vegan and Gluten Free Options Also Available

Our Famous Dessert Dash! Door Prizes!

This event supports District 15 outreach to PI/CPC, Workshops, Cooperation with Treatment Facilities and Jails, Access, and keeping our groups connected with AA's Communication lines.

For more information or to volunteer please contact
Alan N. : (503) 954-0242

Please join us for:

Sunday, May 3rd, 2026 from 11AM to 1PM
36370 Yocum Loop, Sandy, OR 97055

Sobergrass is an acoustic bluegrass, folk, country, and Americana music jam for AA members (and AA friends). Bring you banjo, fiddle, guitar, mandolin, ukulele, stringed bass, or anything else you want to play. All skill levels are invited to attend from "Aint Got None" to "Purty Good". Even if you don't play an instrument you're welcome to come and sing a song or simply just listen and tap a toe. A few instruments such as mountain dulcimer and autoharp will be available as well if you want to try something new. You just need to bring 3 chords, a capo, and the truth!

Call Patrick at 971-244-3696 or visit Sobergrass Group on Facebook for more info.

District 31 2026 annual

Summer BBQ/POTLUCK

BURGERS, HOT DOGS, DRINKS & ROOT BEER FLOATS PROVIDED!
BRING A SIDE TO SHARE

ROOD BRIDGE PARK: 50/50 raffle, speaker 12pm Sierra M. Dry Noon

SAT JULY 11TH

11AM-1PM

4000 SE ROOD BRIDGE RD
HILLSBORO, OR 97133

CONSIDER MAKING A $5 DONATION AT THE TABLE

Volunteers needed!
Text Collette for service opportunities
503-999-7870