Into Action!

Westside Central Office

June 2026 – Volume 14 – Number 9

What's Happening at the WCO?

We had 0 patient requests for the Hospitals Service Call Committee.

We are still looking into doing a 7th tradition workshop/fellowship bbq with a district (possibly district 23) as a cohost. More info to come.

This past month, we filed our annual reports with the IRS and the Oregon DOJ. The IRS only requires us to file a simple E-postcard since we are a charity that makes less than $50,000 annually. Our filing fee with the Oregon DOJ was the minimum $20 since we bring in less than $25,000 annually.

Our website provider now has a powerful AI agent that we can use to maintain our website. Each interaction with the AI agent uses up a certain number of tokens. Our website plan comes with 20,000 tokens per month. After trying it out, we found that we can eat up the 20,000 monthly tokens provided quickly. For an additional $10/month we can get 100,000 monthly tokens. After our monthly tokens reset, we will try it again for some simple repetitive website tasks that we would like to automate. Based on that experience, we may request an upgrade.

Last month, we brainstormed some ideas for a workshop. I look forward to continuing that conversation in old business. I also would like to propose that we hold a Group Inventory as well. I plan to bring this up as a Motion in New Business.

We have a lot of open service positions. Spread the message! If you are interested in any, please email info@westsidecentral.com

BRIDGING THE GAP

Scan the QR Code to get more info on "Bridging the Gap" Service from the AA Member exiting treatment into the AA communities. The 1st 24hrs out of treatment is critical to success in AA and we would love to see all the help Treatment Committee.

WCO website link to get involved: https://westsidecentraloffice.com/service/bridging-the-gap-committee

Want this newsletter emailed to you each month? To subscribe, please visit westsidecentraloffice.com/newsletter/#subscribe

"A.A." and "Alcoholics Anonymous" are registered trademarks of A.A. World Services, Inc., used by permission.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature at our office located at 6950 SW Hampton ST #117, Tigard, OR 97223-8330. A map to our office is available at http://westsidecentraloffice.com/map/. We are open by appointment only. Email info@westsidecentraloffice.com to request an appointment.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

This Month in A.A. History

- **Summer, 1934 –** Dr. William D. Silkworth pronounces Bill W a hopeless alcoholic.
- **June 10, 1935** – Dr. Bob has his last drink. Alcoholics Anonymous is founded.
- **June 1941** – *The Serenity Prayer* is published in the New York Herald Tribune. A.A. members in New York and elsewhere all immediately feel the prayer's relevancy to A.A.'s principles. Soon the prayer is printed on cards and passed out to A.A. members everywhere.
- **June 1944** – The *AA Grapevine* begins publishing. 1200 copies of the first edition are sent out to 165 subscribers.
- **June 1947** – *The A.A. Preamble* first appears in the June 1947 edition of the AA Grapevine.
- **Summer 1948** – Dr. Bob learns he has terminal cancer, leading him to shut down his office and retire from his medical practice.
- **June 1949** – After forming in May 1949, the first regular election of officers for the Portland Central Office (renamed the Portland Intergroup in 1962) is held. Jerry Mc was elected chairman and May S was elected secretary.
- **June 17, 1949** – The first A.A. meeting in Klamath Falls, Oregon is held.
- **June 1953** – The book *Twelve Steps and Twelve Traditions* is published.
- **June 1978** – AA Grapevine's circulation reaches 100,000.
- **June 2004** – AA Grapevine achieves 60 years of continuous publication. Grapevine is now 64-page magazine with over 110,000 subscribers worldwide.
- **June 2014** – AA Grapevine celebrates 70 years as AA's meeting in print!

JUNE 2026 GRAPEVINE

YOUNG & SOBER

THE JUNE ISSUE IS "YOUNG AND SOBER," FEATURING INSPIRING STORIES BY AA MEMBERS ABOUT COMING INTO THE PROGRAM AT AN EARLY AGE, THE CHALLENGES THEY FACED AND HOW THEY FOUND OTHER YOUNG MEMBERS ENJOYING SOBRIETY.

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held online. Email info@westsidecentraloffice.com to receive an invitation to our online business meeting. We look forward to seeing your group's Co Rep there!

Upcoming Events

June 13, 2026 – District 36 Founder's Day Celebration 10:00 am to 12:30 pm. Moreland Presbyterian Church 1814 SE Bybee Portland, OR 97202

June 26-28, 2026 – Pacific Northwest Conference. Heathman Lodge, Vancouver, WA. http://pnc1948.org/

July 6, 2026 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Meeting held online. Email info@westsidecentraloffice.com for online meeting information.

July 11, 2026 – District 31 Annual BBQ Rood Bridge Park 11:00 am to 2:00 pm. Speaker, Potluck, 50/50.

July 18, 2026 – Aloha Men's Return to Sainty Picnic. Noon – 5. Sain Creek Pavilion at Hagg Lake. Potluck, speaker, raffle

.

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

"…we then look at Step Six. We have emphasized willingness as being indispensable."

(Reprinted from Alcoholics Anonymous, page 76, with permission of A.A. World Services, Inc.)

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

DISTRICT 36

FOUNDERS' DAY CELEBRATION

SCHEDULE:

SATURDAY, JUNE 13, 2026

10:00 am - 12:30 pm

LOCATION:

AT MORELAND PRESBYTERIAN CHURCH

1814 SE BYBEE BLVD, PORTLAND, OR 97202

PLEASE RSVP:

RICK H

SPEAKER

INSPIRATIONAL MESSAGE OF RECOVERY

VIDEO: MARKINGS ON THE JOURNEY

A DEEP DIVE INTO OUR SHARED LEGACY

TRIVIA GAMES

TEST YOUR KNOWLEDGE & WIN PRIZES

TREATS & SNACKS

REFRESHMENTS & FELLOWSHIP

JOIN US FOR FELLOWSHIP AND SERVICE

District 31 2026 annual

Summer BBQ/POTLUCK

BURGERS, HOT DOGS, DRINKS & ROOT BEER FLOATS PROVIDED!
BRING A SIDE TO SHARE

ROOD BRIDGE PARK: 50/50 raffle, speaker 12pm Sierra M. Dry Noon

SAT JULY 11TH

11AM-1PM

4000 SE ROOD BRIDGE RD
HILLSBORO, OR 97133

CONSIDER MAKING A $5 DONATION AT THE TABLE

Volunteers needed!
Text Collette for service opportunities
503-999-7870