Into Action!

Westside Central Office

July 2026 – Volume 14 – Number 10

What's Happening at the WCO?

Most of the past month was spent planning our Group Inventory and 7 th Tradition Workshop.

First, our Group Inventory will be held on Saturday, October 10th from 10am to 12noon in the conference room next to WCO's office. Chris H, our Area 58 Delegate, will facilitate the Group Inventory. I'll put together a flyer soon.

Our 7th Tradition Workshop will be held in conjunction with a picnic that we will host with District 23 on Saturday, August 22nd from 1pm to 4pm at Waluga East Park in Lake Oswego (see https://maps.app.goo.gl/vcWQxYd3e96xw5XQ8). The District 23 Activities Chair, Andrew K, should provide us with a flyer soon. In the meantime, AAs can sign up to help with the event by visiting WCO's website, click on the "WCO & District 23 Picnic and 7th Tradition Workshop" link, and complete the online form. The flyer that Andrew will provide us with will include a QR code to that web page. One can sign up to help with event planning, outreach, set up, clean up, games, food & beverage, grilling, etc.

We still have plenty of printed meeting schedules available. Remember that Group's get 10 free copies. You can pick up your copies by contacting us for a literature appointment. For purchases: https://westsidecentraloffice.com/literature or email your order to info@westsidecentraloffice.com.

And if you think that's going to keep us busy for the next couple of months, we also were invited to participate in District 15's Gift of Service Workshop. The event will take place on Sunday, September 13th from 2:00 PM to 4:30 PM in or near West Linn (location TBD).

Our Hotline received 29 calls and used 26/300 prepaid minutes during the last billing cycle which ran from May16th through June 15th .

Our website had approximately 1400 users who viewed 6500 web pages or 217 web pages per day on average. The number of users was 0.9% lower than May's numbers and the number of views were 6.8% lower than May's views.

To volunteer to be a 12 Step Call Volunteer, fill out the questionnaire at: https://westsidecentraloffice.com/service/twelfth-step-calls

Want this newsletter emailed to you each month? Then subscribe today by completing the online subscription form at: www.westsidecentraloffice.com/newsletter/#subscribe

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Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! You can purchase A.A. Literature at our office located at 6950 SW Hampton ST #117, Tigard, OR 97223-8330. A map to our office is available at http://westsidecentraloffice.com/map/. We are open by appointment only. Email info@westsidecentraloffice.com to request an

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

This Month in A.A. History

- **July 6, 1948** – Earl E, founder of the first A.A. meeting in Seaside Oregon has his last drink. Earl will attend meetings in Astoria before starting the meeting in his Seaside home in September of 1950.
- **July 1950** – The Twelve Traditions adopted by the fellowship at the First International Convention (Cleveland, Ohio).
- **July 1950** – At the request of some judges, a city jail committee is established by the Portland Oregon *Central Advisory Committee* (CAC). CAC changed its name to *Portland Intergroup* in 1962.
- **July 1955** – The 20th Anniversary International Convention is held in St. Louis.
- **July 1955** – The second edition of the Big Book is published.
- **July 3, 1955** – The St. Louis Convention culminates with Bill W officially handing leadership of A.A. over to the members.
- **July 1955** – Steve L. Loy, managing editor of La Grande Oregon's newspaper, "Evening Observer", attends a local A.A. meeting. A few days later, the newspaper runs a 600-word editorial on A.A. entitled "It Must Have Something". The editorial provides the residents of La Grande a clear picture of what A.A. is and what A.A. is not.
- **July 1, 2004** – The A.A. Grapevine Digital Archive is launched providing online access to sixty years of Grapevine content.
- **July 2012** – The participating groups of the Westside Central Office approve job descriptions and Guidelines for conducting elections and business.
- **July 13, 2017** - the Internal Revenue Service (IRS) classifies Westside Central Office as a public charity under Internal Revenue Code (IRC) 501(c)(3). Upon receiving this recognition from the IRS, the Westside Central Office completes the last major milestone of its formation.

Upcoming Events

July 11, 2026 –11:00 am-2:00 pm. District 31 Picnic. Potluck, 50/50. Speaker Sierra Rood Bridge Park, 4000 Rood Bridge Road, Hillsboro, OR

July 16, 2026 – 6:00 pm to 8:00 pm. Serenity on the Mountain. Potluck Birthday Luau. Lutheran Immanuel Church 39901 Pleasant Rd, Sandy, OR

July 19, 2026 – 12:00 pm – 4:00 pm District 27 Picnic. Speakers Tracie and Jim S, Potluck, Games. Woodstock Park, SE 47th and SE Steele.

July 26 – August 2, 2026 – AA in the Woods Campout at Beacon Rock State Park. Group Campsite, Stevenson, WA. To register and more details: AAitw.org

August 3, 2026 – Westside Central Office Business Meeting, 7:00pm-8:00pm, Held online. Email info@westsidecentraloffice.com for an invitation to join.

August 16, 2026 - 11:00 am – 5:00 pm – PDX Intergroup Picnic *at* Oaks Amusement Park. Potluck, raffle prizes.

August 22, 2026 – 1:00 – 4:00 pm District 23 and WCO Picnic & 7th Tradition Workshop Waluga East Lake Oswego.

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates another service position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, online through Zoom. Email info@westsidecentaloffice.com for an invitation. We look forward to seeing your group's Co Rep there!

July 2026 GRAPEVINE NEWS!

Annual Prison Issue

The July issue is the "Annual Prison Issue," featuring powerful, hopeful stories by AA members inside corrections facilities and the members who do the important service corresponding with and sponsoring them.

Get Involved!

The Westside Central Office has the following 12th Step opportunities:

12th Step Calls – Interested in going on a 12th Step Call? A.A. members are needed for the 12th Step Call Committee. We suggest that volunteers have at least 1 year of sobriety, a sponsor, a home group, and have worked all twelve steps at least once. Visit the 12th Step Call webpage at westsidecentraloffice.com/service/twelfth-step-calls or email the 12th Step Call Committee Chair at 12stepchair@westsidecentraloffice.com for more information.

A.A. Hotline - Do you like talking on the phone and helping people? Volunteers are needed to answer the Westside Central Office phone, day and night. Phone shifts last about 2 hours and calls can be forwarded to any cell phone or landline. To learn how you can help, visit the Hotline webpage at westsidecentraloffice.com/service/a-a-hotline/ or email the A.A. Hotline Chair at hotlinechair@westsidecentraloffice.com.

Public Information – Volunteers are needed to help inform the public on what A.A. is and what A.A. is not. Activities include putting on presentations at area schools, dropping off meeting schedules at hotels/motels, donating Big Books to public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc. The Public Information committee carries the message to the alcoholic who may not yet know about A.A. Email pi@westsidecentraloffice.com for more information.

Activities – Interested in putting on social or service-oriented events? Then join the activities committee. Email activities@westsidecentraloffice.com for more information.

Treatment Facilities – Volunteers are needed to help contact treatment centers and offer assistance in coordinating A.A. meetings and presentations at their facility. The type of organizations this committee works with includes inpatient/outpatient treatment centers; detox centers, hospitals, institutions, nursing homes, etc. Email tf@westsidecentraloffice.com for more information or to get involved with the Treatment Facilities Committee.

Professionals – Volunteers are needed to help carry the A.A. message to professionals, such as health care workers, counselors, law enforcement, etc. who come into contact with active alcoholics. Email cpc@westsidecentraloffice.com for more information or to get involved with the Cooperation with Professionals Committee.

Corrections – Volunteers are needed to help carry the A.A. message to those behind bars. Email corrections@westsidecentraloffice.com for more information.

Alcoholics Anonymous®
www.aa.org

General Service Office of Alcoholics Anonymous
475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

Please direct all communications to:
P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

June 2026

***Call Out for Theme Suggestions* for the 2030 International Convention in St. Louis, Missouri July 4-7, 2030 - Deadline 10/9/26**

Believe it or not, it's time to start thinking about a theme for the 2030 International Convention celebration of A.A.'s 95th Anniversary in St. Louis, Missouri July 4-7, 2030. We invite you to send in suggestions which will be reviewed and selected by the trustees' International Conventions/Regional Forums Committee.

To provide inspiration, the themes of past A.A. International Conventions have been: 1965 "I Am Responsible"; 1970 "Unity"; 1975 "Let It Begin With Me"; 1980 "The Joy of Living"; 1985 "Fifty Years With Gratitude"; 1990 "Fifty-Five Years — One Day At a Time"; 1995 "A.A. Everywhere — Anywhere"; 2000 "Pass It On – Into the 21st Century"; 2005 "I Am Responsible"; 2010 "A Vision for You"; 2015 "80 Years — Happy, Joyous and Free"; 2020 "Love and Tolerance is Our Code"; and "Language of the Heart" in 2025.

Please send your ideas to 2030ictheme@aa.org by October 9, 2026.

In gratitude,

Eileen A.
2030 International Convention Coordinator

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Serenity on the Mountain
Potluck
Birthday Luau
Join us in celebration of our 1 year birthday
in a space of fellowship and Serenity!
Thursday July 16th, 2026
Potluck Dinner • 6 PM
Guest Speakers & Meeting • 7~8 PM
Speakers
AA Speaker: Kathy L. From Sandy
Al-Anon Speaker: Cheryl F. From Hillsboro
All Are Welcome
AA · Al-Anon · Alateens · Friends
Location
Lutheran Immanuel Church
39901 Pleasant Rd • Sandy, OR 97055
7th Tradition proceeds benefit Serenity on the Meantain AFG.

DISTRICT 27 ANNUAL PICNIC

& SPEAKER MEETING

Unity: Our Common Welfare Should Come First

Sunday, July 19th | 12:00 PM - 4:00 PM

Woodstock Park

SE 47th & Steele St.

LOCAL SPEAKERS

Tracie and Jim S. from IFAWS (Woo Hoo!)

EVENTS

Games (bring your own favorite too!)

50/50 Raffle • Ice Cream • Fellowship

Friends & Family Welcome

POTLUCK

Bring a dish by name

A-L: Sides & Salads

M-S: Desserts

T-Z: Beverages

WE PROVIDE

Hamburgers & Hotdogs

UNITY

SERVICE

RECOVERY

District Contributions

Scan to contribute

Unify Our District in:

Food • Fun • Fellowship

aaordistrict27.org

SAVE the DATE

JUL 26 – AUG 2, 2026

Beacon Rock State Park
Group Campsite
Stevenson, WA

AA IN THE WOODS
30th Annual Campout

MEETINGS & FELLOWSHIP

HIKES & YOGA

POTLUCKS & CAMPFIRE JAMS

SWIM & PADDLE SPORTS BEACH

NIGHTLY POKER TOURNAMENTS

SOME ACTIVITIES NOT LISTED

$40/adult
for the week

Kids (under 18) camp for free!

Contacts | Jordana S: 503.516.2151
Lisa B: 503.577.1279
AAITWcampout@gmail.com
www.AAITWcampout.org

More details and registration information available soon

A limited number of well-behaved dogs will be allowed at the campout this year. See the website or contact us for requirements and complete details.

YOU'RE INVITED

District 23 & WCO Picnic

+ 7th Tradition Workshop

DATE
Sat, Aug 22, 2026

TIME
1:00 – 4:00 PM

LOCATION
Waluga Park East, Lake Oswego
15505 Quarry Rd, Lake Oswego, OR 97035

AA District 23 and the Westside Central Office (WCO) are teaming up for an afternoon of sunshine, fellowship, and fun. All members of AA and their families are welcome — bring a blanket and a friend!

We Need YOU!

This picnic runs on volunteer power. Setup, food, games, greeting new faces — every pair of hands helps make it a warm, welcoming day for our AA community.

Sign Up to Volunteer →

Scan the QR code or visit the link below to grab your spot

westsidecentraloffice.com/wco-district-23-picnic-and-7th-tradition-workshop

Scan to Volunteer

Point your camera here

Grill & Setup Crew | **Food & Drinks** | **Games & Activities** | **Welcome Table** | **Cleanup Crew**

Let's Make Recovery Fun in the Sun

District 31 Presents
AA Grapevine
Writer's Workshop Special Edition

AAGRAPEVINE

Ever wanted to publish your story in Grapevine?
Got a good original joke or cartoon?
This workshop will guide you through the steps needed to submit your work to the national magazine.

Food and drinks will be provided.
Paper and Pens will be available, but bring a laptop if you like.

Tuesday, September 1st, 6-7:30PM

In Person:
Kaiser Permanente Medical and Dental Office's Building
10315 Northwest Tanasbourne Drive
Conference Room B
Hillsboro, OR 97124

Online:
https://www.pdxaa.org/meetings/sunlight-of-the-spirit/
https://zoom.us/j/223146905

For more information, email:
reoportland@yahoo.com

MENUCHA FALL WOMEN'S SPIRITUAL RETREAT

Oct 2,3,4 2026

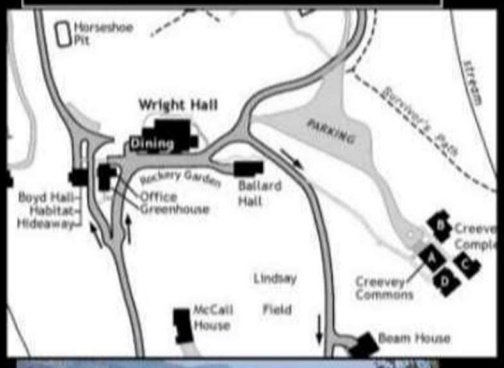
Registration

$240

email fallmenucharetreat @gmail.com for link

REGISTER NOW,MORE INFO OR ALTERNATE REGISTRATION METHODS EMAIL FALLMENUCHARETREAT@GMAIL.COM

Lodging, Bedding,Towels,Activities, and Meals Included. Inspirational Speakers, Empowering Workshops, Engaging group activities,Serene Nature Walks, Safe and Supportive Space for Authentic Sharing and Reflection



All Recovery Paths Welcome