Into Action!

Westside Central Office

September 2026 – Volume 14 – Number 12

What's Happening at the WCO?

On August 22nd we co-hosted with District 23 a Picnic and 7th Tradition Workshop. The event was a success. Thank you to everyone who helped and attended this event. We had 20 people show up for the picnic and 13 stay for the workshop. These are actually pretty good numbers for a 7th Tradition Workshop. One of our original speakers, Nick F, could not make it due to his recovery from surgery. Our other speaker, Rick H, who has served many service positions including Area 58 Corrections North Chair, provided a nice historical and personal perspective on the 7 th Tradition. I also presented what financial support by Groups and members are needed for GSO, Area 58, and WCO to be fully self-supportive. You can get the three and outs with this information on our website. Go to westsidecentraloffice.com and click on the link "Is your Group Fully Self-Supporting?" on the bottom right-hand corner of the web page to download these handouts. It's great information to discuss at your home group's business meeting.

On September 15th we participated at District 15's "Gift of Service" workshop. 20-30 people attended. We heard from Past Delegate Amber N and again from Rick H. Andrew, Jeff, and myself manned a table with information on WCO. There was also representation from Portland Area Intergroup, The Area 58 Hospitals Committee and the Area 58 Treatment Facilities Committee. Unfortunately, not all registered committees made it to the event. We sold around $80 worth of Committee Workbooks and Service Manuals at the event. 7 out of 10 of the Service Manuals were sold to the district 15 DCM. Overall, the event was a lot of fun and great outreach opportunity for us.

We are hoping we can do more events like these in the future. Perhaps next time we can try to host or co-host an event in Beaverton which would be more central to our service area.

The next event is our Group Inventory which is scheduled for Saturday October 10th from 10am to 12noon. The event will be held at our office, or more specifically the conference room next to our office.

We plan to publish a new meeting schedule soon. Please check your Group's meeting information on our website's meeting schedule to make sure we have your meetings correct information.

Want this newsletter emailed to you each month? Then subscribe today by sending an email with the subject "subscribe" to news@westsidecentraloffice.com

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Making a Seventh Tradition Contribution

Besides contributing time and energy to the Westside Central Office (WCO), A.A. members and groups may also make a financial contribution. The WCO is funded exclusively by the voluntary contributions of A.A. groups and members. No contribution is too small. Please make checks payable to Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Are you looking for a meeting?

Or would you like to read today's *Daily Reflection*, the *Big Book,* or *Twelve Steps and Twelve Traditions* book online? These are just a few of the A.A. resources available on our website. Visit today by pointing your browser to www.westsidecentraloffice.com.

Need A.A. Literature?

The Westside Central Office sells A.A. Conference Approved Literature at cost! Our office is currently open by appointment only. Visit www.westsidecentraloffice.com/literature or call 503-684-0415 (extension 2) to schedule an appointment to purchase literature at our office.

If you want to drink, that's your business. If you want to stop, that's ours! Call 503-684-0415

This Month in A.A. History

- **September 1939** – A score or more of alcoholics apply the A.A. program and recover in Cleveland, Ohio. This sudden growth of A.A. in Cleveland proves that A.A. can grow to a great size. Also around this time, the Cleveland Plain Dealer newspaper would run a series of articles on A.A.
- **September 30, 1939** - An article on A.A. titled Alcoholics and God appears in Liberty magazine. After publication of this article, Big Book sales saw an increase of several hundred and the early A.A. Newark Office received 800 pleas for help.
- **September 1947** – The first A.A. group in Brazil takes shape.
- **September 1947** – A.A. is started in the Eugene-Springfield Oregon area when eight members met at the YMCA on September 12, 1947.
- **September 9, 1948** – The Astoria Alano Club opens its doors for the first time at 145 11th Street in Astoria, Oregon. The first group in Astoria, known as the Central Group, would meet at the Alano Club on Wednesdays and Saturdays at 8pm.
- **September 1950** – The first meeting in Seaside, Oregon is held at the home of Earl E and his non-alcoholic wife Leona.
- **September 1951** – The first Oregon A.A. Newsletter, titled "Our Baby", begins publication. The monthly newsletter would carry state as well as national A.A. news. Each group would receive a copy in the mail and additional copies were circulated through the central office in Portland. 500-600 copies were printed for each issue. The newsletter would cease publication after three years. The Oregon Area would begin publishing a second newsletter in April, 1960.
- **September 2001** – In the wake of the September 11, 2001 attack on the World Trade Center in New York, exhausted A.A. members among firefighters, police, and clean - up crews form A.A. meetings at Ground Zero.
- **September 2013** – WCO began accepting 7th Tradition contributions through its website.

Upcoming Events

October 5, 2026 – Westside Central Office Online Business Meeting, 7:00pm-8:00pm, Email info@westsidecentraloffice.com for an invitation to the online meeting

October 10, 2026 – 10:00am – 12:00pm. WCO Group Inventory Conference Room, Facilitated by Joe S – Alt Delegate. WCO Office 6950 SW Hampton St #117 Tigard, OR

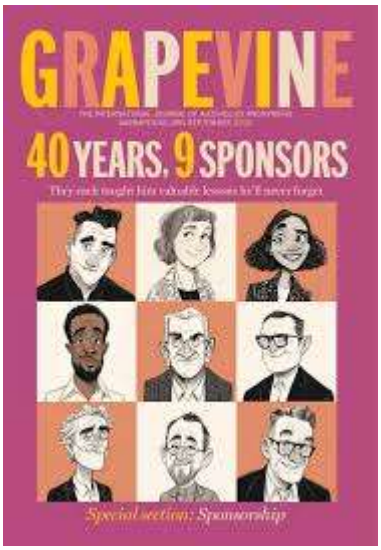
October 17, 2026 – 2:00 pm -5:00pm District 31 & Oregon Area 58 Safety & Inclusivity Workshop. Hybrid. Westside Service Center. 18653 SW Farmington Rd, Aloha, OR

October 23-25, 2026 – Rose City Girlstock Women's 12 Step Retreat. Holiday Inn Wilsonville, 25425 SW 95th Ave, Wilsonville, OR

.**October 31, 2026** – 5:00pm-10:00pm District 31 Halloween Party. Nacho Bar, Dessert Potluck. Speakers. Raffle. First Congregational Church 494 E Main St Hillsboro, OR

To list A.A. related announcements in this section, email the announcement to: newsletter@westsidecentraloffice.com

September Grapevine



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Does your Home Group have a WCO Rep?

A Central Office Rep (CO Rep) serves as the liaison between the A.A. Group and the Westside Central Office (WCO). Co Reps attend the WCO business meeting and vote their group's conscience on Central Office matters. By electing a CO Rep, your group not only helps the Central Office help the alcoholic who still suffers, but your group also creates Ce position for a home group member. Our business meeting is held on the first Monday of the month, 7pm-8pm, online with Zoom. Email info@westsidecentraloffice.com for an invitation. We look forward to seeing your group's Co Rep there!

"…to take responsibility for the well-being of others…is the very spirit of Step Nine."

(Reprinted from Twelve Steps and Twelve Traditions, page 87, with permission of A.A. World Services, Inc.)

Get Involved!

A.A. Service Opportunities at the Westside Central Office. The Westside Central Office (WCO), an A.A. Central/Intergroup Office serving the western Portland, Oregon metropolitan area, has the following service position opportunities:

Chair – Facilitates WCO business meeting; presents a quarterly report on WCO at each Area 58 Quarterly Assembly; emails business meeting minutes to Area 58 Archivist.

Co-Chair – If Chair resigns or is unable to serve for any reason, the Co-Chair steps in and assumes Chair duties and responsibilities; records WCO business meeting minutes in absence of recording secretary.

Finance Chair - Receives and approves annual budget requests from committees; compiles itemized annual budgets into a report for the November WCO business meeting; monitors and documents WCO expenditures; reconciles expenditures to annual budget).

Board of Directors – The WCO Board of Directors consist of three to seven individuals that act as the legal custodians of Westside Central Office, Inc. and oversee the day-to-day operations of WCO.

Activities Chair - Brings suggestions for WCO-sponsored events to Co Reps for approval; Organizes volunteers to host activities; Finds the facilities to host activities; Prepares flyers for distribution to A.A. community for events.

A.A. Hotline Committee Chair - Maintains a calendar of individuals and groups willing to answer the WCO phone.

Cooperation with the Professional Community Committee Chair - Hosts A.A. presentations to professionals, such as health care workers, counselors, law enforcement, etc. who encounter active alcoholics.

Corrections Committee Chair - Carries the A.A. message to alcoholics behind the walls of correctional institutions.

Outreach Chair - Informs A.A. groups and members of the available services and opportunities for service at the WCO; Maintains the Westside Central Office Frequently Asked Questions (F.A.Q.) form.

Public Information Chair – Informs the public on "what A.A. is" and "what A.A. is not" through literature, presentations, and public service announcements.

12 Step Call Chair - 2 years continuous sobriety suggested - 1 year term • Maintains a list of 12 step call volunteers and A.A. groups available to make 12 step calls • Receives 12 step call requests from A.A. hotline volunteers • Matches up 12 step call requests to 12 step call volunteers/A.A. groups based on their geographical location • Makes a written report at WCO monthly business meeting • Well-grounded in the A.A. Twelve Traditions, becoming familiar with the AA. Guidelines for A.A. Answering Services from G.S.O., and becoming familiar with the principles and practices of the Westside Central Office • Elected in September by Third Legacy Procedure, as outlined in the A.A. Service Manual • Submits an itemized annual budget for the following calendar year, by no later than the date of the October Westside Central Office business meeting, to the Finance Committee Chair • Has right of participation, motion making, and voting 9 • Failure to meet qualifications or report at/attend 2 consecutive Westside Central Office business meetings will result in an open position

Treatment Facilities Committee Chair - Contacts Treatment Centers and helps in coordinating A.A. meetings and presentations at their facility.

Office Volunteer Chair – Assists the Office Manager (or Board of Directors) with finding A.A.s to volunteer at the WCO facility.

Office Manager – Manages the Westside Central Office and its volunteers. 5 or more years continuous sobriety is suggested. Serves through September. Note: Office Manager is appointed by the Board of Directors. Please email your service resume to info@westsidecentraloffice.com. Public libraries, taking out ads with the A.A. hotline phone number in local newspapers, etc.

Into Action! is published monthly by the Westside Central Office. The Westside Central Office is an Intergroup/Central Office serving the A.A. community in the Western Portland Oregon metropolitan area. Our primary purpose is to serve our A.A. groups and members by helping them carry the message to the alcoholic who still suffers. More information is available at www.westsidecentraloffice.com. Direct all correspondence to: email: info@westsidecentraloffce.com phone: 503-684-0415 (extension 0) mail: Westside Central Office, P.O. Box 19911, Portland, OR 97280-0911.

Westside Central Office
Recovery
Unity
Service
Helping A.A. Groups Carry the Message
WCO is taking its Group Inventory!
Come join us!
I Am RESPONSIBLE...
When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.
Let's take a close look at how we're doing — together.
The Group Inventory is a chance to reflect, share experience, and help us grow in carrying the message.
SATURDAY OCTOBER 10, 2026
10:00 AM – 12:00 NOON
CONFERENCE ROOM (next to WCO inside the Hampton Square Building)
FACILITATED BY JOE S. Area 58 Alt-Delegate
"This we owe to A.A.'s future:
To place our common welfare first;
To keep our fellowship united.
For on A.A. unity depend our lives,
And the lives of those to come."
— A.A.'s Declaration of Unity
WESTSIDE CENTRAL OFFICE
6950 SW Hampton ST #117
Tigard, OR 97223-8330
(Inside the Hampton Square Building)
Email: info@westsidecentraloffice.com
Phone: 503-684-0415 (extension 0)
Coffee and snacks will be served!
All A.A. members are welcome!

District 31 &

Oregon Area 58 Presents

Safety & Inclusion

Hybrid Workshop

Panelists, Snacks and Q&A

October 17, 2026 2 - 5 PM

Westside Service Center
18653 SW Farmington Rd, Aloha, OR 97007

Topics of Discussion:

- Group Inventory Questions
- How Home Group members keep newcomers safe
- Keeping the Traditions
- Q & A

Zoom Info:

Meeting ID: 844 7170 6506
Passcode: 367153

Questions? Email himihimi@gmail.com or text 971-302-8438

ROSE CITY GIRLSTOCK

Join us for a weekend journey through the 12 Steps of Alcoholics Anonymous: Bringing women together through love, laughter and service.

"...we have been rocketed into a fourth dimension..." Page 25, Alcoholics Anonymous

SPEAKERS
TBD

October 23rd – 25th, 2026

Go to www.rosecitygirlstock.com for Event and hotel registration!

Holiday Inn Portland – Wilsonville (HIPS)
25425 SW 95th Ave, Wilsonville, OR
97070
503-682-2211

Book your room from our website.

$119: Special Room Rates for HIPS (per night plus tax) for single King or double Queen beds.
Offer expires October 2, 2026

$85: In-Person Registration Only
$160: In-Person Registration + Meals (Meals include Saturday Night Dinner, Sunday Morning Breakfast)
Vegetarian and Vegan Options will be provided

$30: Virtual Online Only Registration
Prices do not include the 8% processing fee from Eventbrite

Registration Chair: Taisiya S.
Registration Co-Chair: Shaunna S.
RCGS Chair: Debbie N.: 503-314-8030
Volunteer Coordinators:
Emma S. & Paula N.
Email: rosecitygirlstock@gmail.com

SATURDAY NIGHT SOCIAL/PAJAMA PARTY/ GAME NIGHT FREE TO ALL IN-PERSON REGISTRANTS

Rose City Girlstock is a paid event which is self-supporting through your registrations. You must be registered to attend. No Seventh Tradition baskets are passed but we will have contribution containers around the room.
NO REFUNDS WILL BE ISSUED

FREE COFFEE - REGISTRATION LIMITED TO 300 – REGISTER EARLY!!!

2026 DIST 31 AA
HALLOWEEN
NACHO DINNER
@5PM /DESSERT
POTLUCK
SAT
OCT 31
2026
5PM-
10PM
GUEST
SPEAKERS
CHAD P 5 YEARS 7:00PM
TINA S 20 YEARS 8:30PM
494 E MAIN ST
HILLSBORO, OR
97123
DJ TIM, 50/50 & BASKET RAFFLE
GAMES W/PRIZES
COSTUME CONTEST!
VOLUNTEERS NEEDED TEXT COLLETTE
503-999-7870